

ASHLEY LACE LANDERS, PhD

Virginia Polytechnic Institute and State University
Department of Human Development and Family Science
Marriage and Family Therapy Program
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EDUCATION

University of Minnesota, Twin Cities May 2016
PhD in Family Science – Couple & Family Therapy
Advisor: Sharon M. Danes, PhD
Dissertation: Reunification and Behavioral Problems of American Indian Children
in the Child Welfare System
GPA: 3.94

St. Cloud State University, St. Cloud, Minnesota October 2007
Master of Science in Marriage and Family Therapy
COAMFTE Accredited
Advisor: Mick Mayhew, PhD, LMFT
Thesis: Gender differences between college students' representations of early
childhood attachment and attachment in their current romantic relationships
GPA: 4.0

Bachelor of Arts in Psychology May 2005
Summa Cum Laude
Advisor: Leslie Valdes, PhD
GPA 3.88

RESEARCH POSITIONS AND EMPLOYMENT

Virginia Polytechnic Institute and State University Jan. 2020 – Present
Department of Human Development and Family Science
Marriage and Family Therapy Program
Interim Program Director

Virginia Polytechnic Institute and State University Aug. 2017 – Present
Department of Human Development and Family Science
Marriage and Family Therapy Program
Assistant Professor

University of Calgary Aug. 2016 – Aug. 2017
Faculty of Social Work

Eyes High Postdoctoral Scholar

- University of Minnesota, Twin Cities
Department of Family Social Science
Graduate Research Assistant Aug. 2012 – May 2015
- University of Chicago, Chicago, Illinois
School of Social Service Administration
Research Volunteer (Summer 2014 Waller Fellowship) May – July 2014
- The Trauma Center at JRI, Boston, Massachusetts
Medical Director & Founder: Bessel van der Kolk;
Executive Director: Joseph Spinazzola;
Assistant Director of Research: Hilary Hodgdon
Research Volunteer (Summer 2013 Waller Fellowship) July – August 2013
- St. Cloud State University, St. Cloud, Minnesota
Memory Retrieval Practice
Undergraduate Research Assistant (supervised by Leslie Valdes) 2004 – 2005

REFEREED JOURNAL ARTICLES

- * Miller, C., Jackson, J. B., & **Landers, A. L.** (in press) Married to a marriage therapist: An insider perspective. *The American Journal of Family Therapy*.
- Landers, A. L.**, * Carrese, D. H., & Spath, R. (2019). A decade in review of trends in social work literature: The link between poverty and child maltreatment in the United States. *Child Welfare*, 97(4), 65-96.
- McLuckie, A., **Landers, A. L.**, Curran, J., Cann, R., * Carrese, D. H., Nolan, A., Corrigan, K., & Carrey, N. (2019). A scoping review of mental health prevention and intervention initiatives for infants and preschoolers at-risk for socio-emotional difficulties. *Systematic Reviews*, 8(1), 1-19.
- Dimitropoulos, G., **Landers, A. L.**, Freeman, V., Novick, J., Schmidt, U. & Olmsted, M. (2019). A feasibility study comparing a web-based intervention to a workshop intervention for caregivers of adults with eating disorders. *European Eating Disorders Review*, 27(6), 641-654.
- Landers, A. L.**, Dimitropoulos, G., Mendenhall, T. J., * Kennedy, A., & Zemanek, L. (2019). Backing the blue: Trauma in law enforcement spouses and couples. *Family Relations*. doi:10.1111/fare.12393
- Landers, A. L.**, Bellamy, J. L., Danes, S. M., McLuckie, A. & White Hawk, S. (2019). The reunification of American Indian children in long-term foster care. *Journal to the Society of Social Work and Research*, 10(4), 501-528.
- Dimitropoulos, G., **Landers, A. L.**, Freeman, V., Novick, J., Cullen, O. & Le Grange, D. (2018). Family-Based Treatment for transition age youth: The role of expressed emotion and general family functioning. *Eating Disorders: The Journal of Treatment & Prevention*.
- McLuckie, A., **Landers, A. L.**, Rowbotham, M., Landine, J., Schwartz, M., & Ng, D. (2018). Are parent and teacher reported executive function difficulties associated with

parenting stress for children diagnosed with Attention-Deficit/Hyperactivity Disorder?
Journal of Attention Disorders.

- Landers, A. L.**, * Morgan, A. A., Danes, S. M., & White Hawk, S. (2018). Does reunification matter? Differences in the social connection to tribe and tribal enrollment of American Indian fostered and adopted adults. *Children and Youth Services Review*, *94*, 347-353.
- Dimitropoulos, G., **Landers, A. L.**, Freeman, V., Novick, J., Cullen, O., Engelberg, M., Steinegger, C. & Le Grange, D. (2018). Family-based treatment for transition age youth: Parental self-efficacy and caregiver accommodation. *Journal of Eating Disorders*, *6*(13), 1-11. * *Research Paper of the Year in the Journal of Eating Disorders*.
- Landers, A. L.**, McLuckie, A., Cann, R., Shapiro, V., Visintini, S., MacLaurin, B., Saini, M., Trocmé, N., & Carrey, N. J. (2018). A scoping review of evidence-based interventions available to parents of maltreated children ages 0-5 involved with child welfare services. *Child Abuse & Neglect*, *76*, 546-560. doi:10.1016/j.chiabu.2017.09.012
- Dimitropoulos, G., **Landers, A. L.**, Freeman, V., Novick, J., Garber, A., & Le Grange, D. (2018). Open trial for Family-Based Treatment for Anorexia Nervosa for transition age youth. *Journal of the Canadian Academy of Child and Adolescent Psychiatry*, *27*(1), 50-61.
- McLuckie, A., Matheson, K., **Landers, A. L.**, Landine, J., Novick, J., Barrett, T., & Dimitropoulos, G. (2018). The relationship between psychological distress and perception of emotional support in medical students and residents and implications for educational institutions. *Academic Psychiatry*, *42*, 41-47. doi:10.1007/s40596-017-0800-7
- Landers, A. L.**, Danes, S. M., Harstad, J., & White Hawk, S. (2017). Finding their way home: Factors associated with reunification for American Indian and White adults. *Children and Youth Services Review*, *82*, 359-364. doi:10.1016/j.chilyouth.2017.09.002
- Landers, A. L.**, Bellamy, J. L., Danes, S. M., & White Hawk, S. (2017). Internalizing and externalizing behavioral problems of American Indian children in the child welfare system. *Children and Youth Services Review*, *81*, 413-412. doi:10.1016/j.chilyouth.2017.08.014
- Landers, A. L.**, Danes, S. M., Ingalls-Maloney, K., & White Hawk, S. (2017). American Indian and White adoptees: Are there mental health differences? *American Indian and Alaska Native Mental Health Research*, *24*(2), 54-75.
<http://dx.doi.org/10.5820/aian.2402.2017.54>
- Landers, A. L.** & Danes, S. M. (2016). Forgotten children: A critical review of the reunification of American Indian children in the child welfare system. *Children and Youth Services Review*, *71*, 137-147. doi:10.1016/j.chilyouth.2016.10.043
- Chesmore, A. A., Weiler, L. M., Trump, L. J., **Landers, A. L.**, & Taussig, H. (2016). Maltreated children in out-of-home care: The relation between attachment quality and internalizing symptoms. *Journal of Child and Family Studies*, *26*, 381-392.
doi:10.1007/s10826-016-0567-6
- Danes, S. M., Alba Meraz, A., & **Landers, A. L.** (2016). Cultural meanings of resource management for Mexican Americans. *Journal of Family & Economic Issues*, *37*, 607-623.
doi: 0.1007/s10834-015-9476-x
- Landers, A. L.**, Danes, S. M., & White Hawk, S. (2015). Finding their way home: The reunification of First Nations adoptees. *First Peoples Child & Family Review*, *10*(2), 18-30.

BOOK CHAPTERS

Hodgdon, H. & **Landers, A. L.** (in press). Emotional abuse of children. *Handbook of*

Interpersonal Violence Across the Lifespan.

Jackson, J. B. & **Landers, A. L.** (in press). Structural and strategic approaches. In K. S. Wampler, volume editor names (Eds.), *The handbook of systemic family therapy: Volume 1. The profession of systemic family therapy.* Hoboken, NJ: John Wiley & Sons.

INVITED BOOK REVIEW

Landers, A. L. (2018). Review of Reunification Family Therapy: A Treatment Manual. *Journal of Marital and Family Therapy*, 44(4), 740-742. doi:10.1111/jmft.12335

REFEREED JOURNAL ARTICLES UNDER REVIEW

* Dowling, L. E., Jackson, J. B., & **Landers, A. L.** (under review). Gender role reversal: Civilian husbands of United States military servicewomen defining masculinity as tied-migrant workers.

Landers, A. L., Danes, S. M., * Campbell, A., & White Hawk, S. (under review). Abuse after abuse: The maltreatment of American Indian children in foster care and adoption.

REFEREED JOURNAL ARTICLES IN PROCESS

* Reichard, K. D., **Landers, A. L.**, Bellamy, J. L., Muruthi, B. A., & Cunanan-Petty, E. (in process). The effects of out-of-home placement on the school engagement of maltreated children.

* Campbell, A. R, **Landers, A. L.**, & Jackson, J. B. (in process). Exploring the impact of work-related traumatic stress on law enforcement couples.

Landers, A. L., Danes, S. M., * Morgan, A. A., * Merritt, S., & White Hawk, S. (in process). Barriers to tribal enrollment for formerly adopted and/or fostered American Indian adults.

Landers, A. L., Danes, S. M., * Morgan, A. A., * Merritt, S., & White Hawk, S. (in process). A stolen generation: The reunification of American Indian fostered and adopted family members.

Landers, A. L., * Carrese, D. H., Danes, S. M., & White Hawk (in process). I can still hear my baby crying: The grief, loss, and mental health of American Indian birthmothers.

EDITED BOOKS

Landers, A. L., Patton, R., & Reynolds, M. (Eds.). (2016). *Family therapy glossary.* Alexandria, VA: American Association for Marriage and Family Therapy.

OTHER PUBLICATIONS

* Delcoco, D., **Landers, A. L.**, & Jackson, J. B. (January/February 2019). Systemic therapy with couples impacted by mild traumatic brain injury. *Family Therapy Magazine*, 18(1), 52-55.

* Campbell, A. & **Landers, A. L.** (May/June 2018). Behind the badge: Therapy with law enforcement couples. *Family Therapy Magazine*, 17(3), 36-39.

Garcia-Ortega, I., * Long K., **Landers, A. L.**, & McLuckie, A. (2017). Evaluation of the Helmut Renschmidt Research Seminars: A program developed to inspire young mental health professionals to incorporate research into their practice. *International Association for Child and Adolescent Psychiatry and Allied Professions (IACAPAP) Bulletin*, 49, 30-32.

Landers, A. L. (2013). Building on the idea of pride. *MAMFT News: The Newsletter of the Minnesota Association for Marriage and Family Therapy*, 31(4), 7.

GRANT FUNDED RESEARCH PROJECTS

Grief and Mental Health: A Survey of American Indian Mothers

Role: Principal Investigator

Dates of Project: 2019-2020

Funding Source: Virginia Tech College of Liberal Arts and Human Sciences Dean's Faculty Fellowship (Amount Requested: \$10,000; Amount Funded: \$5,000)

American Indian Mothers: Grief, Loss, and Mental Health

Role: Principal Investigator

Dates of Project: 2018-2019

Funding Source: Virginia Tech College of Liberal Arts and Human Sciences Incentive Grant (\$6,000)

Mentoring Project

Role: Principal Investigator

Dates of Project: 2018-2019

Funding Source: Virginia Tech, Office of the Provost, New Faculty Mentoring Project Grant (\$1,500)

Grief, Loss, and Mental Health of American Indian Birthmothers Who Lost a Child to Foster Care or Adoption

Role: Principal Investigator (PI: A. Landers; Co-Investigators: S. White Hawk, C. Liebler, S. Axtell, Graduate Assistant: Domenica Carrese)

Dates of Project: 2017-2018

Funding Source: Virginia Tech College of Liberal Arts and Human Sciences Niles Research Grant (\$4,000)

Best Practices in Field Supervision for Multidisciplinary Training in Family Therapy: A Pan-Canadian Family Therapy Training Collaborative

Role: Co-Investigator (PI: A. McLuckie; Co-PI: K. Tomm; Co-Investigators: S. Samuels, A. Landers, A. Jones, S. Bond, M. Robb)

Dates of Project: 2017-2018

Funding Source: 2017 Teaching and Learning Grant (\$32,206)

Impact of Child Sexual Abuse: Identifying Biological and Psychosocial Predictors of Risk and Resilience

Role: Co-Investigator (PI: P. Arnold; Co-Investigators: W. Binford, G. Dimitropoulos, F. MacMaster, G. Pfeffer, A. Landers)

Dates of Project: 2016-2018

Funding Source: Special Award from Hotchkiss Brain Institute and Mathison Centre for Mental Health Research & Education (\$500,000)

Mental Health and School Success: A Pilot Cohort Study of an Adolescent Population

Role: Postdoctoral Fellow (PI: P. Arnold; Co-PIs: A. Bulloch, A. Duffy, S. Patten; Co-Investigators: J. Addington, G. Dimitropoulos, N. LeTourneau, C. McMorris, A. McLuckie, J. Wang, G. Wilcox; Postdoctoral Fellow: A. Landers)

Dates of Project: 2016-2017

Funding Source: Brain and Mental Health Strategic Research Fund Program (\$247,800)

A Mixed Method Study to Examine the Knowledge, Confidence and Capacity of Service Providers to Identify and Respond to Child Sexual Abuse Imagery Online (CSAIO)

Role: Co-Investigator (PI: G. Dimitropoulos; Co-Investigators: O. Cullen, E. Gunn, J. Ofrim, A. Landers, P. Arnold, W. Binford, F. MacMaster, A. Deegan)

Dates of Project: 2016-2017

Funding Source: Policy Wise (ACCFRCR) (\$34,785)

SoCS: Collaborative Research: Novel Algorithms and Interaction Mechanisms to Enhance Social Production

Role: Graduate Research Assistant (PIs: L. Terveen, S. Walker)

Dates of Project: 2012-2014

Funding Source: National Science Foundation Grant (\$525,822)

FELLOWSHIP AND AWARD FUNDED RESEARCH PROJECTS

Internalizing and Externalizing Behavior Problems of American Indian Children in the Child Welfare System

Role: Principal Investigator

Dates of Project: 2015-2016

Funding Source: University of Minnesota, Doctoral Dissertation Fellowship (\$23,000); American Association for Marriage and Family Therapy, Minority Fellowship Program, Dissertation Completion Fellowship (funded by SAMHSA) (\$8,000)

Reunification of American Indian Children in Long-Term Foster Care

Role: Principal Investigator

Dates of Project: 2014-2015

Funding Source: American Association for Marriage and Family Therapy, Minority Fellowship Program, Doctoral Fellowship (funded by SAMHSA) (\$19,000)

Secondary Data Analysis of the National Survey of Child and Adolescent Well-being

Role: Summer Research Volunteer (supervised by J. Bellamy)

Dates of Project: 2014

Funding Source: University of Minnesota, Waller Fellowship (\$5,000)

The Impact of Psychological Maltreatment on Child Mental Health

Role: Summer Research Volunteer (supervised by H. Hodgdon)

Dates of Project: 2013

Funding Source: University of Minnesota, Waller Fellowship (\$5,000)

Impact of Trauma on Spouses of Law Enforcement and Couple Relationships

Role: Principal Investigator (supervised by T. Mendenhall)

Dates of Project: 2012-2013

Funding Source: American Association for Marriage and Family Therapy Graduate Student Research Award (\$1,250)

UNFUNDED RESEARCH PROJECTS

American Indian Children in Child Welfare: Secondary Data Analysis of the National Survey of Child and Adolescent Well-Being (NSCAW)

Role: Principal Investigator (PI: A. Landers; Co-Investigators: J. Bellamy, S. Danes, A.

McLuckie, S. White Hawk, Graduate Assistant: Domenica Carrese)

Dates of Project: 2017-2019

Secondary Data Analysis of the Experiences of Adopted and Fostered Individuals Study

Role: Principal Investigator (PI: A. Landers; Co-Investigators: S. Danes, S. White Hawk, Graduate Assistant: Domenica Carrese)

Dates of Project: 2017-2019

Integrating Neuroscience into Anti-Stigma Interventions for Health Professionals: A Qualitative Study

Role: Postdoctoral Fellow, Study Coordinator (PI: A. McLuckie; Co-Investigators: P. Arnold, G. Dimitropoulos, S. Knaak; Postdoctoral Fellow: A. Landers)

Dates of Project: 2017-2018

Experiences of Adopted and Fostered Individuals

Role: Graduate Research Assistant (PIs: C. Liebler, S. White Hawk, K. Ingalls-Maloney)

Dates of Project: 2013-2016

Early Childhood Family Education (ECFE) Evaluation Project

Role: Graduate Research Assistant (PI: S. Walker)

Dates of Project: 2012-2014

Gender Differences between College Students' Representations of Early Childhood Attachment and Attachment in their Current Romantic Relationships

Role: Principal Investigator (supervised by M. Mayhew)

Dates of Project: 2006-2007

PEER-REVIEWED CONFERENCE PRESENTATIONS

* Campbell, A. R., **Landers, A. L.**, & Jackson, J. B. (2020, November). *Exploring the impact of work-related traumatic stress on law enforcement couples*. Paper to be presented at the 2020 National Council on Family Relations (NCFR) Annual Conference, Virtual Location.

* Simpson, J., **Landers, A. L.**, & White Hawk, S. (2020, November). *"I Lost My Family": Grief, Loss, and Identity Formation of Fostered and Adopted American Indian Individuals*. Paper to be presented at the 2020 National Council on Family Relations (NCFR) Annual Conference, Virtual Location.

- Landers, A. L.,** Danes, S. M., * Campbell, A. R., * Merritt, S., & White Hawk, S. (2020, November). *Maltreatment of American Indian Children in Foster Care and Adoption*. Paper to be presented at the 2020 National Council on Family Relations (NCFR) Annual Conference, Virtual Location.
- Landers, A. L.,** * Simpson, J., Gagner, N., & Robinson, B. (2020, November). *Beyond Borders: Reunifying Families in Family Therapy*. Workshop at the 2020 American Association for Marriage and Family Therapy Annual Conference, Orlando, FL.
- Landers, A. L.,** * Morgan, A. A., Bellamy, J., Danes, S. M., Gagner, N., & White Hawk, S. (2020, November). *Placement instability of American Indian children in care*. Research Discussion at the 2020 American Association for Marriage and Family Therapy Annual Conference, Orlando, FL.
- Jackson, J. B., * Miller, C. & **Landers, A. L.** (2020, November). *Married to a Marriage Therapist: An insider perspective*. Research Discussion at the 2020 American Association for Marriage and Family Therapy Annual Conference, Orlando, FL.
- Landers, A. L.,** * Simpson, J., Gagner, N., Robinson, B., & Muruthi, B. (2019, August). *Beyond Borders: Reunifying Families in Family Therapy*. Workshop at the 2019 American Association for Marriage and Family Therapy Annual Conference, Austin, Texas.
- Landers, A. L.,** * Morgan, A. A., Danes, S. M., & White Hawk, S. (2018, November). *Does reunification matter? Social connection and tribal enrollment of American Indian adoptees?* Paper presented at the 2018 National Council on Family Relations (NCFR) Annual Conference, San Diego, CA.
- Landers, A. L.,** * Morgan, A. A., Danes, S. M., Liebler, C., & White Hawk, S. (2018, November). *American Indian adoptees/fosterees: Barriers to tribal enrollment*. Paper presented at the 2018 National Council on Family Relations (NCFR) Annual Conference, San Diego, CA.
- Landers, A. L.,** Bellamy, J., Danes, S. M., Gagner, N., & White Hawk, S. (2018, November). *Placement instability of American Indian children in out-of-home care*. Paper presented at the 2018 National Council on Family Relations (NCFR) Annual Conference, San Diego, CA.
- Robinson, B., **Landers, A. L.,** & Gagner, N. (2018, November). *Gender identity and inclusivity in MFT practice*. Workshop at the 2018 American Association for Marriage and Family Therapy Annual Conference, Louisville, Kentucky.
- * Campbell, A., & **Landers, A. L.** (2018, November). *Family therapy with law enforcement couples*. Workshop at the 2018 American Association for Marriage and Family Therapy Annual Conference, Louisville, Kentucky.
- Aldrich, R. K., Hall, E., Williams, I., Crabtree, S., & **Landers, A. L.** & (2018, November). *Social Justice and advocacy: Re-focusing research and practice in marriage and family therapy*. Seminar at the 2018 American Association for Marriage and Family Therapy Annual Conference, Louisville, Kentucky.
- Landers, A. L.,** Letourneau, N., McLuckie, A., Dimitropoulos, G., Ntanda, H., Giesbrecht, G., Campbell, T. S., & The APrON Team (2018, May). *Adverse childhood experiences and maternal-infant interaction*. Poster presented at the 16th World Association for Infant Mental Health (WAIMH) World Congress, Rome, Italy.
- Landers, A. L.,** & White Hawk, S. (2018, April). *Mental health findings: First Nations and*

White fostered and/or adopted individuals. Workshop at the 36th Annual Protecting Our Children National American Indian Conference on Child Abuse and Neglect, Anchorage, AK.

Gagner, N., & **Landers, A. L.** (2017, November). *Social justice practices and research within family therapy.* Roundtable Symposium at the 2017 National Council on Family Relations (NCFR) Annual Conference, Orlando, FL.

Landers, A. L., Danes, S. M., White Hawk, S., Harstad, J., & Ingalls-Maloney, K. (2017, November). *Contributing factors to reunification for American Indian and White adults.* Paper presented at the 2017 National Council on Family Relations (NCFR) Annual Conference, Orlando, FL.

Landers, A. L., Bellamy, J., Danes, S. M., Gagner, N., & White Hawk, S. (2017, November). *Placement instability of American Indian children in long-term foster care.* Paper presented at the 2017 National Council on Family Relations (NCFR) Annual Conference, Orlando, FL.

Landers, A. L., Weiler, L., Gagner, N., & Robinson, B. (2017, October). *LGBTQ youth in the foster care system.* Workshop at the 2017 American Association for Marriage and Family Therapy Annual Conference, Atlanta, Georgia.

Robinson, B., **Landers, A. L.**, & Gagner, N. (2017, October). *Gender identity and inclusivity in MFT practice.* Workshop at the 2017 American Association for Marriage and Family Therapy Annual Conference, Atlanta, Georgia.

Aldrich, R. K., Williams, I., Utrzan, D., **Landers, A. L.**, Hall, E., Crabtree, S., Adekoye, A., & Leija, G. (2017, October). *The talk: Diversity & inclusion in MFT research and practice.* Workshop at the 2017 American Association for Marriage and Family Therapy Annual Conference, Atlanta, Georgia.

White Hawk, S., **Landers, A. L.**, & McGeshick, G. (2017, April). *Finding their way home: The reunification of First Nations Adoptees: The story behind the data.* Workshop at the 35th Annual Protecting Our Children National American Indian Conference on Child Abuse and Neglect, San Diego, CA.

Landers, A. L., Bellamy, J. L., Danes, S. M., & Gagner, N. E. (2016, November). *Behavioral problems of American Indian children in the child welfare system.* Poster presented at the 2016 National Council on Family Relations (NCFR) Annual Conference, Minneapolis, MN.

Landers, A. L., Bellamy, J. L., & Danes, S. M. (2016, September). *Reunification of American Indian children in foster care.* Poster presented at the 2016 American Association for Marriage and Family Therapy Annual Conference, Indianapolis, IN.

Landers, A. L. (2016, March). *Lesbian, Gay, Bisexual, Transgender, Queer and Questioning Youth Traversing the Foster Care System.* Workshop at the 2016 International Family Therapy Association XXIV World Family Therapy Congress, Kona, Hawaii.

Landers, A. L. (2016, March). *The journey home: Reunification of American Indians.* Poster presented at the 2016 International Family Therapy Association XXIV World Family Therapy Congress, Kona, Hawaii.

Landers, A. L., Bellamy, J. L., & Danes, S. M. (2015, November). *Child welfare outcomes of American Indian children in long-term foster care.* Poster Symposium at the 2015 National Council on Family Relations (NCFR) Annual Conference, Vancouver, British Columbia, Canada.

Landers, A. L., Danes, S., & White Hawk, S. (2015, October). *Satisfactory reunification experiences of adopted and/or fostered American Indians.* Poster presented at the 2015

Minnesota Association for Marriage and Family Therapy Fall Conference, Minneapolis, MN.

Landers, A. L. & Catalpa, J. (2015, October). *Lesbian, gay, bisexual, transgender, queer/questioning youth (LGBTQ) youth in the foster care system*. Workshop at the 2015 Minnesota Association for Marriage and Family Therapy Fall Conference, Minneapolis, MN.

Landers, A. L., Danes, S., & White Hawk, S. (2015, September). *Reunification of adopted and/or fostered American Indians*. Poster presented at the 2015 American Association for Marriage and Family Therapy Annual Conference, Austin, TX.

Landers, A. L. (2015, September). *LGBTQ youth in the foster care system*. Workshop at the 2015 American Association for Marriage and Family Therapy Annual Conference, Austin, TX.

Landers, A. L., Liebler, C. A., Ingalls-Maloney, K., Danes, S., & White Hawk, S. (2015, April). *Community-based participatory research: Reunification experiences of adopted and/or fostered American Indians*. Workshop at the 33rd Annual Protecting Our Children National American Indian Conference on Child Abuse and Neglect, Portland, OR.

Landers, A. L. & Danes, S. M. (2014, December). *American Indian families in the child welfare system: A critical review of reunification literature*. Poster presented at the Annual Minnesota Council on Family Relations (MCFR) Fall Conference, New Brighton, MN.

Landers, A. L. & Danes, S. (2014, November). *Reunification of American Indian families in child welfare: A review of literature*. Poster presented at the 2014 National Council on Family Relations (NCFR) Annual Conference, Baltimore, MD.

Landers, A. L., Zemanek, L., & Mendenhall, T. (2014, October). *Trauma's impact on law enforcement spouses and relationships*. Poster presented at the 2014 American Association for Marriage and Family Therapy Annual Conference, Milwaukee, WI.

Walker, S. K., **Landers, A. L.** & Hoodecheck, E. (2013, November). *Extending place-based parent learning and support through technology: Phase 1 of a participatory design research project*. Paper presented at the 2013 National Council on Family Relations (NCFR) Annual Conference, San Antonio, TX.

Landers, A. L. & Scheeler, M. (2013, September). *Dialectical behavior therapy (DBT) in action: Engaging through interactive exercises*. Workshop at the 2013 Minnesota Annual Community Mental Health Programs Conference (MACMHP), Duluth, MN.

Landers, A. L. & Zemanek, L. (2013, May). *The impact of trauma on partners of law enforcement and couple relationships*. Poster presented at the Annual Minnesota Council on Family Relations (MCFR) Spring Conference, St. Paul, MN.

Zemanek, L. & **Landers, A. L.** (2013, January). *Embracing Islam and the Middle East*. Workshop at the Annual Power in Diversity Leadership Conference, St. Cloud State University, St. Cloud, MN.

INVITED PRESENTATIONS

Landers, A. L., * Campbell, A., & * Dowling, L. E. (2019, April). *The impact of adverse Childhood experiences on parenting*. Presented at the Child Abuse Speaker Series, Family Advocacy Program at Marine Corps Base Quantico, Quantico, VA.

Landers, A. L. (2018, April). *Parenting with warmth and connection*. Presented at the Child Abuse Speaker Series, Family Advocacy Program at Marine Corps Base Quantico, Quantico, VA.

- Landers, A. L.**, (2017, November). *The ethical dimensions of family therapy with families involved with child welfare*. Presentation to the Virginia Tech Marriage and Family Therapy Program students, faculty, alumni, and community at large.
- Landers, A. L.** (2017, February). *Indigenous families in the child welfare system*. Presented at the Alberta Children's Hospital, Grand Psychiatry Rounds, Calgary, Alberta, Canada.
- Landers, A. L.** (2016, April). *Reunification of American Indian Children in foster care*. Poster presented at the University of Minnesota 2016 Doctoral Research Showcase, Minneapolis, MN.
- Liebler, C., & **Landers, A. L.** (2014, April). *Experiences of adult adoptees and formerly fostered individuals*. Presented at Diversity Through the Disciplines, University of Minnesota, Twin Cities, MN.
- Zemanek, L. & **Landers, A. L.** (2014, April). *Embracing Islam and the Middle East*. Presented at the MN Trio Annual Conference, Nisswa, MN.
- Landers, A. L.** (2013, February). *CFT graduate student panel member*. Presented at EDHD 1620: Graduate School: Exploring, Preparing, and Applying, University of Minnesota, Twin Cities, MN.
- Landers, A. L.** (2011, May) *Mental health awareness: What to do if you think your friend is depressed?* Presented at Buffalo High School, Buffalo, MN.
- Landers, A. L.** & Gravelle, S. (2009, March). *Keeping your child safe*. Presented at New Beginnings Carver-Scott Educational Cooperative, Chaska, MN.
- Gravelle, S. & **Landers, A. L.** (2008, November). *Effective sex offender treatment programming*. Presented at Scott County Judges Meeting, Shakopee, MN.

AWARDS AND HONORS

National Data Archive on Child Abuse and Neglect (NDACAN)

Summer Research Institute Attendee at Cornell University, Ithaca, NY 2017

American Association for Marriage and Family Therapy (AAMFT)

Minority Fellowship Program Mentor of the Year 2019
Dissertation Award, conference registration & travel 2017
Minority Fellowship – Dissertation Completion, funded by SAMHSA \$8,000 2015-2016
Leadership Symposium, MFP sponsored, conference registration & travel 2015
Minority Fellowship - Doctoral, funded by SAMHSA \$19,000 2014-2015
Graduate Student Research Award, \$1,250 2013

National Council on Family Relations (NCFR)

NCFR Honors 2016

University of Minnesota – Twin Cities

Doctoral Dissertation Fellowship (DDF), \$23,000 & tuition 2015-2016
 Urban Research and Outreach-Engagement Center –
Josie R. Johnson Engaged Dissertation Scholars, \$500 2015-2016
Outstanding Community Service Award – Student, \$5,000 2015
President's Student Leadership and Service Award 2014
Women's Philanthropic Leadership Circle Award, \$2,000 2014
Phi Kappa Phi Honor Society 2013
Golden Key International Honour Society 2013

Department of Family Social Science, UMN – Twin Cities

<i>Letitia Walsh Memorial Fellowship, \$5,000</i>	2015-2016
<i>M. Janice Hogan Fellowship, \$7,000</i>	2014-2015
<i>Waller Summer Fellowship, \$5,000</i>	2014
<i>Waller Summer Fellowship, \$5,000</i>	2013

Family Process Institute

<i>New Writers Fellowship, workshop registration & travel</i>	2014-2015
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National Health Service Corps (NHSC)

<i>National Health Service Corps 40 Clinicians in 40 Weeks</i>	2012
<i>Loan Repayment Recipient, \$26,966.64</i>	2010

St. Cloud State University

<i>National Society of Collegiate Scholars Member</i>	2004
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Philanthropic Educational Organization (PEO)

<i>Scholar Acknowledgement, Minnesota PEO Chapter BA, \$250</i>	2015
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TEACHING EXPERIENCE

Virginia Polytechnic Institute & State University

<i>Assistant Professor, HD 5724: Couples Therapy</i>	Spring 2020
<i>Assistant Professor, HD 5424: Lifespan Human Development</i>	Spring 2019
<i>Assistant Professor, HD 5724: Couples Therapy</i>	Fall 2018
<i>Assistant Professor, HD 5964: Marriage and Family Therapy Practicum</i>	Summer 2018
<i>Assistant Professor, HD 5424: Lifespan Human Development</i>	Spring 2018
<i>Assistant Professor, HD 5964: Marriage and Family Therapy Practicum</i>	Fall 2017

University of Minnesota, Twin Cities

<i>Instructor, FSoS 4150: Childhood Trauma and its Impact on Families</i>	Summer 2015
<i>Instructor, FSoS 4150: Families and Child Welfare</i>	Summer 2014
<i>Teaching Assistant, FSoS 5150: Healing Historical Conflicts</i>	Spring 2014

St. Cloud State University, St. Cloud, Minnesota

<i>Teaching Assistant, Introduction to Psychology</i>	Spring 2004
<i>Teaching Assistant, Introduction to Psychology Laboratory Methods</i>	Spring 2004
<i>Teaching Assistant, Social Psychology</i>	Fall 2003

GUEST LECTURES

Virginia Tech

<i>HD 5744: Multicultural Issues in MFT, Multicultural Counseling Panel</i>	Fall 2018
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University of Minnesota

<i>FSoS 4152: Gay, Lesbian, and Bisexual People in Families, LGBTQ Youth</i>	Spring 2015
<i>FSoS 2105: Family Research Methods, Community Engagement</i>	Spring 2015
<i>FSoS 2105: Family Research Methods, Community Engagement</i>	Fall 2014
<i>FSoS 2103: Family Policy, Family Reunification</i>	Spring 2014

St. Thomas

<i>FAST 297: Introduction to Family Studies</i>	Spring 2015
<i>FAST 297: Introduction to Family Studies</i>	Fall 2014

Minnesota State University – Mankato

<i>FCS 482: Teaching Family Life / Parent Education</i>	Fall 2014
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St. Cloud State University, St. Cloud, Minnesota	
MFT 671: Theories of Marriage and Family Therapy	Spring 2014
MFT 658: Families and Culture	Fall 2013

ADDITIONAL TEACHING EXPERIENCE AND TRAININGS

Virginia Polytechnic Institute and State University, Blacksburg, Virginia	
<i>Network Learning Initiatives (Sponsor Office of Academic Integrity)</i>	
◦ Using TurnItIn Feedback Studio to Uphold the Code	August 2018
University of Calgary, Alberta, Canada	
<i>Taylor Institute for Teaching and Learning</i>	
◦ Teaching Online Program	Fall 2016
University of Minnesota, Twin Cities	
<i>Preparing Future Faculty Series</i>	
◦ Preparation for Independent Teaching in Family Studies	Spring 2014, 2015
◦ Practicum for Future Faculty	Spring 2014
◦ Teaching in Higher Education	Fall 2013
Wright County Human Services, Buffalo, Minnesota	
<i>Instructor, Parenting Through Divorce Series</i>	2011
Core Professional Services, P.A., Mankato, Minnesota	
<i>Instructor, Healthy Relationships / Sexuality Education Class</i>	2007 – 2011

ADVISING AND MENTORING

Thesis Chair			
Daniel Delcoco	M.S.	2018	<i>Cognitive Behavioral Therapy with Couples Impacted by Mild Traumatic Brain Injury</i>
Kasey Reichard	M.S.	2019	<i>The Effects of Out-of-Home Placement on the School Engagement of Maltreated Children</i>
Melissa Strauch	M.S.	2019	<i>Family Therapy with Foster Families: A Resource for Marriage and Family Therapists</i>
Avery Campbell	M.S.	2020	<i>Exploring the Impact of Work-Related Traumatic Stress on Law Enforcement Couples</i>
Meredith Ridgell	M.S.	2020	<i>Working with Families in the Post-Adoption Context of School Age Adoption</i>
Jessica Simpson	M.S.	2020	<i>“I Lost My Family”: Grief, Loss, and Identity Formation of Fostered and Adopted American Indian Individuals</i>
Nicola Verster	M.S.	2020	<i>Enhancing the Parent-Child Relationship During the College Application Process</i>
Addison Dieterich	M.S.	(anticipated 2021)	

Hillary Dotson	M.S.	(anticipated 2021)
Abby O’Leary	M.S.	(anticipated 2022)
Evie Mpras	M.S.	(anticipated 2022)
Emma Brodowski	M.S.	(anticipated 2022)
Thesis Committee Member		
Maria Paige Frasso	M.S.	2018 <i>Improving Stepcouple and Stepfamily Relationships: A Psychoeducation Manual for Stepcouples</i>
Christine Miller	M.S.	2018 <i>The Experience of Being Partnered With a Couples Therapist: A Qualitative Inquiry</i>
Amy Wu	M.S.	2018 <i>Training for Marriage and Family Therapists: Working with East Asian American Sexual Minorities and their Families on the Coming Out Process</i>
Masumeh Farchtchi	M.S.	2020 <i>Parent-Child Dyadic Experiences Living with Postural Orthostatic Tachycardia Syndrome (POTS) during Emergent Adulthood</i>
Emily Janes	M.S.	2020 <i>"Womanhood is Unbound": The Impact of Disaffiliation from the Church of Jesus Christ of Latter-day Saints on Identity and Womanhood</i>
Domenica Carrese	M.S.	2020 <i>Economic Strain and Remarried Couples: Actor-Partner Interdependence Modeling of the Indirect Effects of Financial Conflict on Economic Strain and Marital Outcomes</i>
Laura Emily Dowling	M.S.	2020 <i>Role Reversal: Civilian Husbands of U.S. Military Servicewomen Defining Masculinity as Tied-Migrant Workers</i>
Taylor Wardle	M.S.	(anticipated graduation summer, 2020) <i>Families with Mixed-Hearing Abilities: A Resource for Therapists</i>
Roxana Kazemi	M.S.	(proposed 2020; anticipated graduation 2021) <i>Using Contextual Family Therapy to Promote Teachers’ Use of Restorative Justice in Urban Education</i>
Joseph Coram	M.S.	(proposed 2020; anticipated graduation 2021) <i>Coming of Age in a World of Contested Masculinities</i>
Jennifer Leo	M.S.	(anticipated graduation 2021)
Monica Han	M.S.	(anticipated graduation 2021)

CLINICAL EXPERIENCE

Illumination, LLC, Chaska, Minnesota

Licensed Marriage and Family Therapist

August 2014 – December 2018

- Provision of clinical supervision to marriage and family therapists working toward licensure.
- Provision of comprehensive and coordinated therapy services to individuals, couples, children, and families.

Kenwood Therapy Center, Minneapolis, Minnesota

Licensed Marriage and Family Therapist

October 2012 – August 2014

- Provision of clinical supervision to marriage and family therapists working toward licensure.
- Provision of comprehensive and coordinated therapy services to individuals, couples, children, and families.
- Specialization in Narrative Therapy, which is a growing set of ethically-based and innovative therapy practices that recognize that people use narrative (or story) to make meaning in their lives and to construct their identities.
- Co-facilitation of adolescent and family narrative dialectical behavior therapy (DBT) groups.
- Therapist in the Sexual Health and Responsibility Program (SHARP), a comprehensive program dedicated to promoting sexual health and preventing sexual harm in the internet age by working with individuals, families, communities and organizations to address a wide array of sexual behavior issues.

Central Minnesota Mental Health Center, Buffalo, Minnesota

Clinical Supervisor of Adult Day Treatment

May 2011 – October 2012

- Clinical supervisor and coordinator of outpatient adult day treatment program.
- Reorganization and rejuvenation of day treatment program referral process, structure, admission, discharge, treatment components, treatment planning, and documentation to ensure best quality care, efficiency, and measurable outcomes.
- Initiation and establishment of policies and procedures manual, training and continuing education, and compliance with state mandated standards, rules and regulations outlined by the Department of Human Services, Rule 29 Community Mental Health Center, Rule 47 Outpatient Mental Health Services, and various insurance plan providers.
- Provision of clinical supervision to mental health practitioners, therapists pursuing marriage and family therapy licensure, and interns.
- Met with staff weekly to provide clinical guidance, assess dynamics and needs of cases. Determined the appropriateness of therapeutic strategies and assessed progress of service delivery and planning.
- Reviewed client files to ensure proper and complete documentation of actions and services.
- Evaluated day treatment clinical staff and clinical interns by conducting performance reviews.
- Specialization in working with individuals and families with serious and persistent mental illnesses and trauma.
- Development of programming curriculum integrating the implementation of evidence based practice models including Dialectical Behavior Therapy, Illness

Management & Recovery, SAMHSA's 10x10 Wellness Campaign, Trauma Informed Care, and Trauma Focused Cognitive Behavioral Therapy.

Outpatient Therapist

February 2011 – August 2012

- Provision of outpatient individual, family, and group therapy to clients with a variety of mental health diagnoses.
- Development and provision of an adolescent girls psychotherapy group based on and adapted from Marsha Linehan's Dialectical Behavior Therapy.
- Provision of services in the therapeutic foster care program.
- Participation in multidisciplinary team case consultation.

Core Professional Services, P.A., Mankato, Minnesota

Mankato Program Manager / Site Coordinator

July 2009 – February 2011

- Collaborate and coordinate with therapists, probation agents, group home coordinators and staff, and human service professionals to ensure quality care is provided to clients.
- Responsible for conducting comprehensive intake assessments to ensure that potential clients meet program entrance criteria and grant eligibility.
- Pulled charts for random audits to review documentation.
- Prepared and reviewed intake assessments. Assessing clients from multiple perspectives (including family functioning), psychological/emotional, social, academic, medical, behavioral, substance abuse, skills, strengths, barriers, and treatment history.
- Met with program staff weekly to provide clinical guidance, assessing the dynamics and needs of cases. Determined the appropriateness of therapeutic strategies and assessed the progress of service delivery and planning.

LMFT / Outpatient Therapist

October 2007 – February 2011

- Interagency consultation with other therapists, human service professionals, residential group home staff, probation agents and parole officers.
- Facilitation of group therapy including adult sex offender treatment and healthy relationships/sexuality education.
- Specialization in working with complex cases that require the coordination and collaboration of multiple professionals.
- Provision of individual, couples, and family therapy to clients with a variety of mental health, life, and/or transitional issues including depression, anxiety, self-esteem, relationship difficulties, sexual dysfunctions, abuse and past trauma.
- Development and implementation of individualized treatments plans
- Provision of psychological, psychosexual, and anger assessments to adolescents and adults both voluntary and court-mandated.
- Administration and interpretation of psychological testing, intelligence testing, and risk assessments to adults and juveniles.
- Evaluation and development of mental health services.
- Continued demonstration of legal and ethical standards and practices.

Clinical Intern

March 2007 – October 2007

- Observation of group therapy including adult sex offender treatment.
- Provision of individual, couples, and family therapy to clients with a variety of mental health, life, and/or transitional issues including depression, anxiety, self-

- esteem, relationship difficulties, sexual dysfunctions, abuse and past trauma.
- Development and implementation of individualized treatments plans.

Catholic Charities Benton Stearns Day Treatment, St. Cloud, Minnesota

Clinical Therapeutic Intern

August 2006 – March 2007

- Individual and family therapy for children with emotional behavioral problems.
- Facilitation of group psychotherapy.
- Developed, reviewed, and compiled educational curriculum.
- Participated in interagency consultation and case management coordination.
- Maintained professional relationships with families, school representatives, mental health professionals and law enforcement.
- Planned and facilitated social skills and psychoeducational groups.
- Provided required written documentation regarding client progress.

Sheriffs Youth Program, St. Cloud, Minnesota

Psychology / Counseling Intern

August 2004 – January 2005

- Facilitated educational support groups for children with emotional behavioral problems and observed behavioral modification planning and implementation

RESEARCH REPORTS

Walker, S. K., Schumacher, D., & **Landers, A. L.** (April, 2014). Mankato School District Early Childhood Family Education (ECFE) Program: An Evaluation of Benefits to Parenting and Children's Learning and Development from Program Participation. University of Minnesota and Minnesota Association of Family and Early Education (MNAFEE).

Walker, S. K., Soine, B., & **Landers, A. L.** (February, 2014). Stillwater School District Early Childhood Family Education (ECFE) Program: An Evaluation of Benefits to Parenting and Children's Learning and Development from Program Participation. University of Minnesota and Minnesota Association of Family and Early Education (MNAFEE).

Walker, S. K., Gulden, P., & **Landers, A. L.** (February, 2014). Centennial School District Early Childhood Family Education (ECFE) Program: An Evaluation of Benefits to Parenting and Children's Learning and Development from Program Participation. University of Minnesota and Minnesota Association of Family and Early Education (MNAFEE).

Walker, S. K., Grimms, S., & **Landers, A. L.** (November, 2013). Westonka School District Early Childhood Family Education (ECFE) Program: An Evaluation of Benefits to Parenting and Children's Learning and Development from Program Participation. University of Minnesota and Minnesota Association of Family and Early Education (MNAFEE).

Walker, S. K., Benjamin, C., & **Landers, A. L.** (October, 2013). Mahtomedi School District Early Childhood Family Education (ECFE) Program: An Evaluation of Benefits to Parenting and Children's Learning and Development from Program Participation. University of Minnesota and Minnesota Association of Family and Early Education (MNAFEE).

Walker, S. K., Farrell, B., & **Landers, A. L.** (October, 2013). Duluth School District^[1] Early Childhood Family Education (ECFE) Program: An Evaluation of Benefits to Parenting and Children's Learning and Development from Program Participation. University of Minnesota and Minnesota Association of Family and Early Education (MNAFEE).

Walker, S. K., Wendorff, & **Landers, A. L.** (October, 2013). Hutchinson School District^[1] Early Childhood Family Education (ECFE) Program: An Evaluation of Benefits to Parenting

- and Children’s Learning and Development from Program Participation. University of Minnesota and Minnesota Association of Family and Early Education (MNAFEE).
- Walker, S. K., Simonson, K., & **Landers, A. L.** (September, 2013). Elk River School District^{[[SEP]]} Early Childhood Family Education (ECFE) Program: An Evaluation of Benefits to Parenting and Children’s Learning and Development from Program Participation. University of Minnesota and Minnesota Association of Family and Early Education (MNAFEE).
- Walker, S. K., Gitter, M., & **Landers, A. L.** (August, 2013). Eden Prairie School District^{[[SEP]]} Early Childhood Family Education (ECFE) Program: An Evaluation of Benefits to Parenting and Children’s Learning and Development from Program Participation. University of Minnesota and Minnesota Association of Family and Early Education (MNAFEE).
- Walker, S. K., Melquist, N., & **Landers, A. L.** (August, 2013). North St. Paul – Maplewood – Oakdale School District^{[[SEP]]} Early Childhood Family Education (ECFE) Program: An Evaluation of Benefits to Parenting and Children’s Learning and Development from Program Participation. University of Minnesota and Minnesota Association of Family and Early Education (MNAFEE).
- Walker, S. K., Meyer, R., & **Landers, A. L.** (August, 2013). Chisago Lakes School District^{[[SEP]]} Early Childhood Family Education (ECFE) Program: An Evaluation of Benefits to Parenting and Children’s Learning and Development from Program Participation. University of Minnesota and Minnesota Association of Family and Early Education (MNAFEE).

PROFESSIONAL MEMBERSHIPS

American Association for Marriage and Family Therapy, Clinical Fellow Member
 National Council on Family Relations, New Professional Member

JOURNAL REVIEW & EDITORIAL ACTIVITIES

<i>Qualitative Health Research</i>	
Reviewer	2020 – Present
<i>Child Maltreatment</i>	
Reviewer	2020 – Present
<i>Children and Youth Services Review</i>	
Reviewer	2018 – Present
<i>Journal to the Society of Social Work and Research</i>	
Reviewer	2018
<i>Journal of Research on Adolescence</i>	
Reviewer	2018
<i>Journal of the Canadian Academy of Child and Adolescent Psychiatry</i>	
Reviewer	2017
<i>First Peoples Child and Family Review</i>	
Reviewer	2017
<i>Journal of Family Issues</i>	
Reviewer	2017
<i>Journal of Marital and Family Therapy</i>	
Apprentice Reviewer	2016 – 2017
<i>Prevention Science</i>	
Ad Hoc Reviewer	2014
<i>American Association for Marriage and Family Therapy</i>	

Family Therapy Glossary Editor 2015

REVIEW OF ABSTRACTS FOR PROFESSIONAL MEETINGS

National Council on Family Relations
Reviewer, Annual Meeting, Family Therapy Section 2013 – 2020
American Association for Marriage and Family Therapy
Reviewer, Annual Conference 2012 – 2020
Minnesota Council on Family Relations
Reviewer, Annual Conference, Student (SNP) Section 2014 – 2015

SERVICE ACTIVITIES

American Association for Marriage and Family Therapy
Minority Fellowship Program (MFP) Mentor 2017 – 2020
National Council on Family Relations, Annual Conference
Presider, Issues in Relation Violence paper session 2014
Presider, Training and Supervision for Family Therapists 2013
Minnesota Association for Marriage and Family Therapy
At-Large Board Member 2016
Minnesota Council on Family Relations
Student Section Chair 2014 – 2016
MCFR Board of Directors
Virginia Tech
Committee Member 2020
Department of Human Development and Family Science,
Northern Virginia Center, Marriage and Family Therapy
Visiting Assistant Professor Search
Committee Member 2020
Department of Human Development and Family Science,
Northern Virginia Center, Marriage and Family Therapy
Clinical Director Search
Committee Member 2020
Department of Human Development and Family Science,
Northern Virginia Center, Marriage and Family Therapy
Program Director Search
Committee Member 2018 – 2019
Department of Human Development and Family Science,
Northern Virginia Center, Marriage and Family Therapy
Program Director Search
Graduate Committee Member 2018 – 2020
Department of Human Development and Family Science
University of Calgary
Postdoctoral Faculty Representative 2016 – 2017
Research and Partnership Committee Member 2016 – 2017
University of Minnesota, Twin Cities
Diversity Committee Member 2014 – 2015
Student Representative to Graduate Faculty Meetings 2014 – 2015

Department of Family Social Science <i>Welcome Weekend Volunteer</i>	2014, 2015
Department of Family Social Science <i>Vice President of Finance</i>	
Graduate Students in Educ. and Human Development <i>Welcome Weekend Coordinator</i>	2013 – 2014 2013
Department of Family Social Science <i>Operation Warmth Committee Member</i>	2012
Graduate Students in Educ. and Human Development	

PROFESSIONAL LICENSURE

American Association for Marriage and Family Therapy <i>AAMFT Supervisor</i>	August 2015 – Present
Virginia Board of Counseling <i>Licensed Marriage and Family Therapist (#0717001467)</i>	November 2017 – Present
Minnesota Board of Marriage and Family Therapy <i>Licensed Marriage and Family Therapist (#1879)</i>	March 2010 – Present
<i>Approved Supervisor Status</i>	August 2011 – Present
Prepare/Enrich Certified Therapist	2007

PROFESSIONAL DEVELOPMENT

Trained under David Epston, Narrative Therapy Co-founder Kenwood Spring Intensive Living Narrative History and Practices	2014
Trained under David Epston, Narrative Therapy Co-founder Kenwood Spring Intensive Living Narrative History and Practices	2013
Trained under Mary Hotvedt, PhD AAMFT Annual Conference Approved Supervision Track	2012
Trained under Thorana Nelson, PhD MFT Courses Fundamentals of Supervision Didactic Course	2012
Trained under Pamela End of Horn, MSW Suicide Prevention Coordinator, Veterans Affairs QPR Suicide Triage Training	2011
Trained under Linehan's Behavioral Tech Presenters Ronda Oswald Reitz, PhD & Randy Wolbert, LMSW, CAADC Group Skills Development for DBT Providers	2011
Trained under Linehan's Behavioral Tech Presenters Ronda Oswald Reitz, PhD & Randy Wolbert, LMSW, CAADC Coping with Chaos: Treating Multiple Severe Disorders with DBT	2011
Trained under Marsha Linehan, PhD, ABPP Behavioral Tech, LLC Updates to Emotion Regulation and Crisis Survival Skills in DBT	2010
Trained under Marsha Linehan, PhD, ABPP	2009

Behavioral Tech, LLC
Mindfulness, Willingness, and Radical Acceptance in Psychotherapy
Trained under Dr. Salvador Minuchin 2006
New Developments: Forty Years Later
Seminar held in Minneapolis, Minnesota

SKILLS

- Quantitative, qualitative, and mixed methods research
- Proficient in SPSS, Stata, NVivo, Atlas.ti
- Course development
- Program development
- Program and personnel management experience
- Demonstrated adaptability and flexibility