

Curriculum Vitae

Jeffrey B. Jackson, Ph.D.

Marriage and Family Therapy Program	AAMFT Approved Supervisor
Human Development & Family Science Department	Licensed Marriage and Family Therapist
Virginia Polytechnic Institute and State University	Virginia: 0717001352
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EDUCATION

Year	Degree	Institution	Area of Study
2009	Ph.D.	Brigham Young University Provo, UT	Marriage and Family Therapy
2004	M.S.	University of Maryland College Park, MD	Family Studies, Emphasis in Marriage and Family Therapy
2000	B.S.	Brigham Young University Provo, UT	Marriage, Family, and Human Development

ACADEMIC EXPERIENCE

2015 – present	Assistant Professor, Marriage and Family Therapy Program, Department of Human Development and Family Science, Virginia Tech, Falls Church, VA
2015	Associate Professor, Couple and Family Therapy Program, California School of Professional Psychology, Alliant International University, Irvine, CA
2010 – 2015	Assistant Professor, Couple and Family Therapy Program, California School of Professional Psychology, Alliant International University, Irvine, CA
2009 – 2010	Part-time Faculty, Marriage and Family Therapy Program, School of Family Life, Brigham Young University, Provo, UT

2009 – 2010 Adjunct Faculty, Marriage and Family Therapy Program, Argosy University, Draper, UT

CLINICAL EXPERIENCE

2009 – present Therapist, Private Practice

2009 – 2010 Family Week Director and Therapist, Center For Change Eating Disorder Treatment, Orem, UT

2006 – 2009 Therapist, Comprehensive Clinic, Brigham Young University, Provo, UT

2005 – 2006 Therapist, Youth Care of Utah Adolescent Residential Treatment Center, Draper, UT

2001 – 2003 Therapist, Center for Healthy Families, University of Maryland, College Park, MD

2002 – 2003 Group Therapy Facilitator, Second Genesis Adolescent Substance Abuse Treatment, Silver Spring, MD

2002 Group Therapy Facilitator, Parent Consultation and Child Evaluation Services, University of Maryland, College Park, MD

** Scholarship with mentored students*

PUBLICATIONS

Refereed Publications:

1. *Meyer, C., **Jackson, J. B.**, & *Gutierrez, N. S. (in press). Long-term experiencing of parental death during childhood: A qualitative analysis. *The Family Journal*.
<https://doi.org/10.1177/1066480720926582>
2. Falconier, M. K., & **Jackson, J. B.** (in press). Economic strain and couple relationship functioning: A meta-analysis. *International Journal of Stress Management*.
<https://doi.org/10.1037/str0000157>
3. *Miller, C. M., **Jackson, J. B.**, & Landers, A. L. (in press). Married to a marriage therapist: An insider perspective. *The American Journal of Family Therapy*.
<https://doi.org/10.1080/01926187.2020.1750074>
4. *Hoover, R. C., & **Jackson, J. B.** (in press). Insecure attachment, emotion dysregulation, and psychological aggression in couples. *Journal of Interpersonal Violence*.
<https://doi.org/10.1177/0886260519877939>

5. Pietrabissa, G., Castelnovo, G., **Jackson, J. B.**, Rossi, A., Manzoni, G. M., & Gibson, P. (2019). Brief strategic therapy for bulimia nervosa and binge eating disorder: A clinical and research protocol. *Frontiers in Psychology*, 10, 1-7. <https://doi.org/10.3389/fpsyg.2019.00373>
6. *Salama, C., **Jackson, J. B.**, Negash, N., & Daneshpour, M. (2019). Family of origin predictors of marital outcomes among Coptic Orthodox Christian Egyptian-American couples. *Journal of Couple and Relationship Therapy*, 18(1), 44-64. <https://doi.org/10.1080/15332691.2018.1481800>
7. Shivers, C. M., **Jackson, J. B.**, & McGregor, C. M. (2019). Functioning among typically developing siblings of individuals with autism spectrum disorder: A meta-analysis. *Clinical Child and Family Psychology Review*, 22(2), 172–196. <https://doi.org/10.1007/s10567-018-0269-2>
8. **Jackson, J. B.**, Pietrabissa, G., Rossi, A., Manzoni, G. M., & Castelnovo, G. (2018). Brief strategic therapy and cognitive behavioral therapy for women with binge eating disorder and comorbid obesity: A randomized clinical trial one-year follow-up. *Journal of Consulting and Clinical Psychology*, 86(8), 688-701. <https://doi.org/10.1037/ccp0000313>
9. **Jackson, J. B.**, *Steward, S. R., Roper, S. O., & Muruthi, B. A. (2018). Support group value and design for parents of children with severe or profound intellectual and developmental disabilities. *Journal of Autism and Developmental Disorders*, 48(12), 4207-4221. <https://doi.org/10.1007/s10803-018-3665-z>
10. Castelnovo, G., Giusti, E. M., Manzoni, G. M., Saviola, D., Gabrielli, S., Lacerenza, M., ... **Jackson, J. B.**, Tamburin, S., & Benedetti, F. (2018). What is the role of the placebo effect for pain relief in neurorehabilitation? Clinical implications from the Italian Consensus Conference on Pain in Neurorehabilitation. *Frontiers in Neurology*, 9, 310-322. <https://doi.org/10.3389/fneur.2018.00310>
11. **Jackson, J. B.** (2018). The ambiguous loss of singlehood: Conceptualizing and treating singlehood ambiguous loss among never-married adults. *Contemporary Family Therapy*, 40(2), 210-222. <https://doi.org/10.1007/s10591-018-9455-0>
12. Sorgente, A., Pietrabissa, G., Manzoni, G. M., Re, F. C. M., Simpson, S., Perona, S., Rossi, A., Cattivelli, R., Innamorati, M., **Jackson, J. B.**, & Castelnovo, G. (2017). Web-based interventions for weight loss or weight-loss maintenance in overweight and obese people: A systematic review of systematic reviews. *Journal of Medical Internet Research*, 19(6), 229-245. <https://doi.org/10.2196/jmir.6972>
13. Falconier, M., **Jackson, J. B.**, Hilpert, P., & Bodenmann, G. (2015). Dyadic coping and relationship satisfaction: A meta-analysis. *Clinical Psychology Review*, 42, 28-46. <https://doi.org/10.1016/j.cpr.2015.07.002>

14. **Jackson, J. B.**, & Roper, S. O. (2014). Parental adaptation to out-of-home placement of children with severe or profound developmental disabilities. *American Journal on Intellectual and Developmental Disabilities, 119*, 203-219.
<https://doi.org/10.1352/1944-7558-119.3.203>
15. **Jackson, J. B.**, Miller, R. B., Oka, M., & Henry, R. G. (2014). Gender differences in marital satisfaction: A meta-analysis. *Journal of Marriage and Family, 76*, 105-129.
<https://doi.org/10.1111/jomf.12077>
16. Larson, J. H., Blick, R. W., **Jackson, J. B.**, & Holman, T. B. (2010). *Partner traits that predict relationship satisfaction for neurotic individuals in premarital relationships. Journal of Sex and Marital Therapy, 36*, 430-444.
<https://doi.org/10.1080/0092623x.2010.510778>
17. Martinson, V. K., Holman, T. B., Larson, J. H., & **Jackson, J. B.** (2010). Adult relationship satisfaction and coming to terms with family-of-origin difficulties. *The American Journal of Family Therapy, 38*, 207-217.
<https://doi.org/10.1080/01926180902961696>
18. Roper, S. O., & **Jackson, J. B.** (2007). The ambiguities of out-of-home care: Children with severe or profound disabilities. *Family Relations, 56*, 147-161.
<https://doi.org/10.1111/j.1741-3729.2007.00448.x>

Book Chapters:

1. **Jackson, J. B.**, & Landers, A. L. (in press). Structural and strategic approaches. In K. S. Wampler, R. M. Miller, & R. B. Seedall (Eds.), *The handbook of systemic family therapy: The profession of systemic family therapy* (Vol. 1). Wiley.
2. **Jackson, J. B.**, & Sabatini Gutierrez, N. (in press). Clinical work with unpartnered individuals seeking a long-term intimate relationship. In K. S. Wampler & A. J. Blow (Eds.), *The handbook of systemic family therapy: Systemic family therapy with couples* (Vol. 3). Wiley.
3. **Jackson, J. B.** (2019). Empowering families deciding between home or placement and coping with placement decisions. In B. Turns, J. Ramisch, and J. B. Whiting (Eds.), *Systemically treating autism: A clinician's guide for empowering families* (pp. 155-164). Routledge. <https://doi.org/10.4324/9781315141831-19>
4. Nussbeck, F. W., & **Jackson, J. B.** (2016). Measuring dyadic coping across cultures. In M. K. Falconier, A. K. Randall, & G. Bodenmann (Eds.), *Couples coping with stress: A cultural perspective* (pp. 36-53). Routledge. <https://doi.org/10.4324/9781315644394>
5. Daneshpour, M., & **Jackson, J. B.** (2015). Standard I: Responsibility to clients. In B. E. Caldwell (Ed.), *User's guide to the AAMFT Code of Ethics* (pp. 1-20). American Association for Marriage and Family Therapy.

Non-Refereed Publications:

1. Delcoco, D., Landers, A. L., & **Jackson, J. B.** (2019, January/February). Systemic therapy with couples impacted by mild traumatic brain injury. *Family Therapy Magazine*, 18(1), 52-55.
2. **Jackson, J. B.**, Miller, R. B., *Morgan, A. (2018, July 21). Empirically supported marriage and family therapy treatments. *American Association for Marriage and Family Therapy (AAMFT) Family Therap-eNews*.
3. **Jackson, J. B.** (2016, November/December). Three questions: Developing AAMFT's User's Guide to the Code of Ethics. *Family Therapy Magazine*, 15(6), 8.
4. **Jackson, J. B.** (2013, Spring). Providing systemically oriented and contextually sensitive supervision. *American Association for Marriage and Family Therapy California (AAMFT-CA) Newsletter*.
5. **Jackson, J. B.** (2012, July/Aug). What if you had RAD [reactive attachment disorder]? *Family Therapy Magazine*, 11(4), 32-33.

RESEARCH GRANTS AND SUPPORT

External Funding:

1. *The Decision-Making Process for Placement of a Child with Developmental Disabilities in Some Form of Out-of-Home Care* (2001 - 2004)
Sponsor: Utah Governor's Council for People with Disabilities Research
Role: Principal Investigator

Competitive Internal Funding:

1. *Brief Strategic Therapy Research Collaboration and Clinical Training* (2017 - 2018)
Sponsor: Virginia Tech College of Liberal Arts and Human Sciences Grant
Writing Incentive Grant
Role: Principal Investigator
2. *Adolescent Siblings of Individuals with Autism Spectrum Disorder: Stress, the Sibling Relationship, and Overall Functioning* (2017)
Sponsor: Virginia Tech Institute for Society, Culture and Environment (ISCE)
2017 Scholars Program Award
Role: Co-Investigator
3. *Empirically Supported Marriage and Family Therapy Treatments* (2016 - 2017)
Sponsor: Virginia Tech College of Liberal Arts and Human Sciences Dean's
Faculty Fellowship
Role: Principal Investigator

4. *Faculty Mentoring Grant* (2016 - 2017)
 Sponsor: Virginia Tech Office of the Provost
 Purpose: Establishing mentoring and collaboration relationships with scholars in the area of adult romantic relationships.
5. *New Faculty Research Seed Money Grant* (2011 - 2015)
 Sponsor: Alliant International University
 Role: Principal Investigator
6. *Premarital Predictors of Marital Relationship Quality and Stability: A Meta-Analytic Study of Couple Factors* (2008)
 Sponsor: Brigham Young University Graduate Research Fellowship Award
 Role: Principal Investigator
7. *The Decision-Making Process for Placement of a Child with Developmental Disabilities in Some Form of Out-of-Home Care* (2001 - 2004)
 Sponsor: Brigham Young University Office of Research and Creative Activities
 Role: Principal Investigator

KEYNOTE AND PLENARY PRESENTATIONS

1. **Jackson, J. B.** (2019, January). *Family dialectical behavior therapy*. Full-day-workshop keynote presenter, Metro Marriage and Family Therapists Inaugural Conference, Bowie, MD.
2. **Jackson, J. B.** (2015, February). *Treating adolescents with reactive attachment: A theory-based and evidence-based treatment protocol*. Invited keynote address presented at the Touchstone Behavioral Health 4th Annual Childhood Conference, Phoenix, AZ.
3. **Jackson, J. B.** (2012, October). *Cutting, suicide, and impulsivity: Solving tough cases with DBT family therapy*. Full-day-workshop keynote presenter, Arizona Association for Marriage and Family Therapy 2012 Fall Conference, Tucson, AZ.
4. **Jackson, J. B.** (2011, October). *Treating adolescents with reactive attachments: A theory-based and evidence-based treatment protocol*. Invited speaker for the Alliant Student Government Association Intercampus Lecture Series, Irvine, CA.

PEER-REVIEWED CONFERENCE PRESENTATIONS

1. **Jackson, J. B., *Morgan, A., & Miller, R. B.** (2018, November). *Empirically supported marriage & family therapy treatments*. Workshop at the American Association for Marriage and Family Therapy Annual Conference, Louisville, KY.

2. **Jackson, J. B.** & Falconier, M. K. (2018, November). *Economic strain and couple relationship functioning: A meta-analysis*. Poster at the American Association for Marriage and Family Therapy Annual Conference, Louisville, KY.
3. **Jackson, J. B.**, *Steward, S. R., Roper, S. O., & Muruthi, B. A. (2018, November). *Support group value and design for parents of children with severe or profound intellectual and developmental disabilities*. Paper presented at the National Council on Family Relations Annual Conference, San Diego, CA.
4. *Cheche, R. E., & **Jackson, J. B.** (2018, November). *Emotion dysregulation as a mediator of insecure attachment and psychological aggression in couples*. Poster at the National Council on Family Relations Annual Conference, San Diego, CA.
5. Falconier, M. K., & **Jackson, J. B.** (2018, November). *Economic strain and couple relationship functioning: A meta-analysis*. Poster at the National Council on Family Relations Annual Conference, San Diego, CA.
6. Shivers, C. M., **Jackson, J. B.**, & McGregor, C. M. (2018, April). *Adjustment among typically developing siblings of individuals with autism spectrum disorder: A meta-analysis*. Poster presented at the Gatlinburg Conference on Research and Theory in Developmental Disabilities, San Diego, CA.
7. **Jackson, J. B.**, Su, L. P., & Miller, R. B., (2017, November). *Family therapy for child-related problems: A meta-analysis*. Paper at the National Council on Family Relations Annual Conference, Orlando, FL.
8. **Jackson, J. B.**, *Yousefian Tehrani, F., & Busby, D. M. (2017, November). *Adult attachment, neuroticism, and current couple satisfaction*. Poster at the National Council on Family Relations Annual Conference, Orlando, FL.
9. Su, L. P., **Jackson, J. B.**, Willis, K., Cox, M., & Miller, R. B. (2017, June). *Couple therapy effectiveness: A meta-analysis*. Cutting Edge Research Poster presented at the American Association for Marriage and Family Therapy International Institutes, Dublin, Ireland.
10. **Jackson, J. B.**, Falconier, M., Hilpert, P., & Bodenmann, G. (2017, March). *Dyadic coping and relationship satisfaction: A meta-analysis*. Poster presented at the Virginia Tech Partnerships for a Global Land-Grant: The College of Liberal Arts and Human Sciences Perspective Exhibit, Blacksburg, VA.
11. **Jackson, J. B.**, Falconier, M., Hilpert, P., & Bodenmann, G. (2017, January). *Dyadic coping and relationship satisfaction: A meta-analysis*. Poster presented at the International Stress and Coping Conference, Milan, Italy.
12. **Jackson, J. B.** (2016, November). *Treating adolescents with reactive attachment: An evidence-informed systemic approach*. Workshop at the National Council on Family Relations Annual Conference, Minneapolis, MN.

13. **Jackson, J. B.**, Falconier, M., Hilpert, P., & Bodenmann, G. (2016, November). *Dyadic coping and relationship satisfaction: A meta-analysis*. Poster presented at the National Council on Family Relations Annual Conference, Minneapolis, MN.
14. Su, L. P., **Jackson, J. B.**, Willis, K., Cox, M., & Miller, R. B. (2016, September). *Couple therapy effectiveness: A meta-analysis*. Cutting Edge Research Poster presented at the American Association for Marriage and Family Therapy Annual Conference, Indianapolis, IN. (Less than 3% of submitted research proposals and less than 10% of the accepted posters receive this designation for impact on the profession and policy.)
15. *Swenson, A., **Jackson, J. B.**, *Khoshakhlagh, S., & *Linares, G. (2016, September). *Attachment style, sexual desire, and sexual behavior frequency*. Poster presented at the American Association for Marriage and Family Therapy Annual Conference, Indianapolis, IN.
16. *Elizalde, M., Natrajan-Tyagi, R., & **Jackson, J. B.** (2016, September). *Parent-child Relationship in Context of Having a Sibling with Autism*. Poster presented at the American Association for Marriage and Family Therapy Annual Conference, Indianapolis, IN.
17. *Linares, G., *Swenson, A., & **Jackson, J. B.** (2016, February). *Adult attachment and sexual behavior*. Paper presented at Quint State Annual Southeastern Symposium on Child and Family Development, Blacksburg, VA.
18. Su, L. P., Hsieh, C. H., Kung, P., Miller, R. B., & **Jackson, J. B.** (2015, November). *The effectiveness of couple therapy on marital outcomes: A meta-analysis*. Poster presented at the National Council on Family Relations Annual Conference, Vancouver, Canada.
19. **Jackson, J. B.** (2015, September). *Treating families of children with developmental disabilities*. Workshop at the American Association for Marriage and Family Therapy Annual Conference, Austin, TX. This workshop has been selected by AAMFT as one of two clinical trainings on families with developmental disabilities available [online for continuing education credit](#).
20. *Yousefian Tehrani, F., & **Jackson, J. B.** (2015, September). *Adult attachment, neuroticism, and current couple satisfaction*. Cutting Edge Research Poster presented at the American Association for Marriage and Family Therapy Annual Conference, Austin, TX. (Less than 3% of submitted research proposals and less than 10% of the accepted posters receive this designation for impact on the profession and policy.)
21. *Meyer-Lee, C., & **Jackson, J. B.** (2015, September). *Grief in adults who experienced parental death in childhood*. Poster presented at the American Association for Marriage and Family Therapy Annual Conference, Austin, TX.

22. **Jackson, J. B.**, Larson, J. H., & Roundy, G. T. (2015, July). *Premarital predictors of marital relationship distress and instability: A meta-analysis of couple factors*. Paper presented at the International Association for Relationship Research Mini Conference, Amsterdam, Netherlands.
23. Falconier, M., **Jackson, J. B.**, Hilpert, P., & Bodenmann, G. (2015, July). *Dyadic coping and relationship satisfaction: A meta-analysis*. Poster presented at the International Association for Relationship Research Mini Conference, Amsterdam, Netherlands.
24. *Yousefian Tehrani, F., & **Jackson, J. B.** (2015, February). *Adult attachment, neuroticism, and current couple satisfaction*. Poster presented at the Annual AAMFT-CA Division Conference, Northridge, CA.
25. Canlas, J., Miller, R. B., & **Jackson, J. B.** (2014, November). *Marital quality and physical health: A meta-analysis*. Paper presented at the National Council on Family Relations Annual Conference, Baltimore, MD.
26. **Jackson, J. B.**, Falconier, M., Hilpert, P., & Bodenmann, G. (2014, November). *Dyadic coping inventory and relationship satisfaction: A meta-analysis*. Poster presented at the National Council on Family Relations Annual Conference, Baltimore, MD.
27. *Vellucci, K. L., **Jackson, J. B.**, Willoughby, B. (2014, November). *Parent-in-law relationships, marital satisfaction, and marital stability*. Poster presented at the National Council on Family Relations Annual Conference, Baltimore, MD.
28. **Jackson, J. B.**, Larson, J. H., & Roundy, G. T. (2014, October). *Personality predictors of marital outcomes: A meta-analysis*. Cutting Edge Research Poster (less than 15% of the accepted posters receive this designation for impact on the profession and policy) presented at the American Association for Marriage and Family Therapy Annual Conference, Milwaukee, WI.
29. Bell, A., Su, L. P., Hsieh, C. H., Miller, R. B., & **Jackson, J. B.** (2014, October). *A meta-analysis of family therapy with children*. Poster presented at the American Association for Marriage and Family Therapy Annual Conference, Milwaukee, WI.
30. *Khoshakhlagh, S., & **Jackson, J. B.** (2014, October). *Anxious adult romantic attachment style and sexual behavior*. Poster presented at the American Association for Marriage and Family Therapy Annual Conference, Milwaukee, WI.
31. Ellis, J., Roper, S. O., & **Jackson, J. B.** (2014, October). *Support groups for parents raising a child with disabilities*. Poster presented at the American Association for Marriage and Family Therapy Annual Conference, Milwaukee, WI.
32. *Vellucci, K. L., **Jackson, J. B.**, Willoughby, B. (2014, October). *Parent-in-law relationship approval and marital outcomes*. Poster presented at the American Association for Marriage and Family Therapy Annual Conference, Milwaukee, WI.

33. *Meyer-Lee, C., & **Jackson, J. B.** (2013, November). *Long-term grief among adults who experienced parental death in childhood*. Poster presented at the National Council on Family Relations Annual Conference, San Antonio, TX.
34. *Khoshakhlagh, S., & **Jackson, J. B.** (2013, November). *Adult romantic attachment as a predictor of intimate relationship sexual behavior*. Poster presented at the National Council on Family Relations Annual Conference, San Antonio, TX.
35. Ellis, J., Roper, S. O., & **Jackson, J. B.** (2013, November). *Parental perceptions regarding support groups for parents raising a child with profound or severe developmental disabilities*. Poster presented at the National Council on Family Relations Annual Conference, San Antonio, TX.
36. **Jackson, J. B.** (2013, November). *Treating adolescents with reactive attachment: A systemic approach*. Roundtable session facilitated at the National Council on Family Relations Annual Conference, San Antonio, TX.
37. **Jackson, J. B.** (2013, October). *Challenging adolescents: Family dialectical behavior therapy*. All-day Workshop at the American Association for Marriage and Family Therapy Annual Conference, Portland, OR.
38. **Jackson, J. B.**, Miller, R. B., Oka, M., & Henry, R. G. (2012, November). *Gender differences in marital satisfaction: A meta-analysis*. Poster presented at the National Council on Family Relations Annual Conference, Phoenix, AZ.
39. **Jackson, J. B.**, Larson, J. H., & Brown, M. D. (2012, October). *Premarital predictors of marital relationship quality and stability: A meta-analytic study of family of origin factors*. Poster presented at the National Council on Family Relations Annual Conference, Phoenix, AZ.
40. **Jackson, J. B.** (2012, September). *Treating adolescents with reactive attachment: A theory-based and evidence-based treatment protocol*. Workshop at the American Association for Marriage and Family Therapy Annual Conference, Charlotte, NC.
41. **Jackson, J. B.**, Miller, R. B., Oka, M., & Henry, R. G. (2012, September). *Gender differences in marital satisfaction: A meta-analysis*. Poster presented at the American Association for Marriage and Family Therapy Annual Conference, Charlotte, NC.
42. **Jackson, J. B.** (2011, November). *Premarital counseling: An evidence-informed treatment protocol*. Paper presented at the National Council on Family Relations Annual Conference, Orlando, FL.
43. **Jackson, J. B.** (2011, September). *Premarital counseling: An evidence-based treatment protocol*. Workshop at the American Association for Marriage and Family Therapy Annual Conference, Fort Worth, TX.

44. **Jackson, J. B.**, Larson, J. H., & Brown, M. D. (2011, September). *Family-of-origin predictors of marital outcomes: A meta-analysis*. Poster presented at the American Association for Marriage and Family Therapy Annual Conference, Fort Worth, TX.
45. **Jackson, J. B.**, Larson, J. H., Hawkins, A. J. (2010, November). *Premarital predictors of marital outcomes: A meta-analysis*. Paper presented at the National Council on Family Relations Annual Conference, Minneapolis, MN.
46. **Jackson, J. B.**, Larson, J. H., Hawkins, A. J., Brown, M. D., Meyer, M. J., Roundy, G. T., & Brown, A. P. (2010, September). *Premarital predictors of marital outcomes: A meta-analysis*. Poster presented at the American Association for Marriage and Family Therapy Annual Conference, Atlanta, GA.
47. **Jackson, J. B.**, Hall, S. D., D. P., Scoville, & Miller, R. B. (2009, October). *Empirically-supported marriage and family therapy treatments*. Workshop at the American Association for Marriage and Family Therapy Annual Conference, Sacramento, CA.
48. **Jackson, J. B.**, Panlilio, C. C., & Haynes, E. R. (2008, October). *System-oriented ethical decision-making in agency settings*. Workshop at the American Association for Marriage and Family Therapy Annual Conference, Memphis, TN.
49. Weinheimer, B. O., Larson, J. H., Torres, F. R., Brown, M. D., & **Jackson, J. B.** (2008, October). *Family psychopathology and offspring marital satisfaction*. Poster presented at the American Association for Marriage and Family Therapy Annual Conference, Memphis, TN.
50. **Jackson, J. B.**, Scoville, D. P., Hall, S. D., & Miller, R. B. (2007, November). *Empirically supported marriage and family therapy treatments*. Poster presented at the Association for Behavioral and Cognitive Therapies Annual Convention, Philadelphia, PA.
51. Blick, R. W., Larson, J. H., Holman, T. B., & **Jackson, J. B.** (2007, October). *Predicting relationship satisfaction of neurotics and their partners*. Poster presented at the American Association for Marriage and Family Therapy Annual Conference, Long Beach, CA.
52. **Jackson, J. B.**, Scoville, D. P., Hall, S. D., & Miller, R. B. (2007, October). *Empirically supported marriage and family therapy treatments*. Poster presented at the American Association for Marriage and Family Therapy Annual Conference, Long Beach, CA.
53. **Jackson, J. B.** (2007, June). *Treating adolescents with reactive attachments*. Workshop at the American Orthopsychiatric Association Ortho Summer Symposium, Cape Cod, MA.
54. **Jackson, J. B.**, Scoville, D. P., Hall, S. D., & Miller, R. B. (2007, June). *Empirically supported marriage and family therapy models*. Poster presented at the American Orthopsychiatric Association Ortho Summer Symposium, Cape Cod, MA.

55. **Jackson, J. B.**, & Montague, T. (2007, May). *Dialectical behavior therapy: An introduction*. Workshop at the Utah Association for Marriage and Family Therapy Annual Conference, Park City, UT.
56. **Jackson, J. B.**, Scoville, D. P., Hall, S. D., & Miller, R. B. (2007, May). *Empirically supported marriage and family therapy models*. Poster presented at the Utah Association for Marriage and Family Therapy Annual Conference, Park City, UT.
57. Roper, S. O., & **Jackson, J. B.** (2006, November). *Ambiguous loss, boundary ambiguity, and families of a child with disabilities*. Paper presented at the National Council on Family Relations Annual Conference, Minneapolis, MN.
58. Harper, J. M., Beal, A., **Jackson, J. B.**, & Hall, S. D. (2006, October). *Communication patterns and sibling position in couples*. Poster presented at the American Association for Marriage and Family Therapy Annual Conference, Austin, TX.
59. **Jackson, J. B.**, & Olsen, S. F. (2005, November). *Parental adaptation to placement of a child with developmental disabilities*. Paper presented at the National Council on Family Relations Annual Conference, Phoenix, AZ.

NON-PEER-REVIEWED PRESENTATIONS, LECTURES, AND WORKSHOPS

Invited Presentations, Lectures, and Workshops at Unaffiliated Universities and Institutes:

1. **Jackson, J. B.** (2019, November). *Clinical approaches to working with families of children with developmental disabilities*. Jewish Social Service Agency Training Institute, Rockville, MD.
2. **Jackson, J. B.** (2017, June). *Treating ambiguous loss in adults who are single*. Continuing education workshop sponsored by the Brigham Young University Marriage and Family Therapy program for psychotherapists in the community, Brigham Young University, Provo, UT.
3. **Jackson, J. B.** (2016, October). *So you want to be a marriage and family therapist*. Presentation for the George Mason University Human Development and Family Science Program, Fairfax, VA.
4. **Jackson, J. B.** (2015, October). *Getting a job in academia*. Guest lecture for Advanced Research Methodology (MFTR 700), Brigham Young University, Provo, UT.
5. **Jackson, J. B.** (2015, October). *Meta-analysis methodology*. Guest lecture for Graduate Research Methods (MFT 600), Brigham Young University, Provo, UT.
6. **Jackson, J. B.** (2015, May). *Family dialectical behavior therapy: An introduction*. Workshop for Brigham Young University Marriage and Family Therapy students, Brigham Young University, Provo, UT.

7. **Jackson, J. B.** (2015, March). *Dialectical behavior therapy in individual, family, and group therapy in an inpatient setting*. Workshop for clinical staff, Palo Verde Behavioral Health, Tucson, AZ.
8. **Jackson, J. B.** (2015, March). *Dialectical behavior therapy with clients who have repeated psychiatric hospitalizations*. Workshop for psychiatric residents, Palo Verde Behavioral Health, Tucson, AZ.
9. **Jackson, J. B.** (2015, February). *Family dialectical behavior therapy with adolescents who self-harm*. Presentation at the Touchstone Behavioral Health 4th Annual Childhood Conference, Phoenix, AZ.
10. **Jackson, J. B.** (2014, November). *Family dialectical behavior therapy: An introduction*. Workshop for Virginia Tech Marriage and Family Therapy students, faculty, and alumni, Virginia Tech, Falls Church, VA.
11. **Jackson, J. B.** (2014, November). *Family dialectical behavior therapy: An introduction*. Workshop for University of Maryland Couple and Family Therapy students, faculty, and alumni, University of Maryland, College, Park, MD.
12. **Jackson, J. B.** (2013, July). *Milan family therapy*. Guest lecture for Couple and Family Therapy Theories II, Pepperdine, West Los Angeles, Irvine, CA.
13. **Jackson, J. B.** (2013, February). *Challenging adolescents: Family dialectical behavior therapy*. Workshop, Chapman University Marriage and Family Therapy Program, Orange, CA.
14. **Jackson, J. B.** (2013, January). *Family dialectical behavior therapy*. Workshop, Mid Atlantic Middle Atlantic Division of AAMFT, College Park, MD.
15. **Jackson, J. B.** (2012, October). *Treating adolescents with reactive attachments: A theory-based and evidence-based treatment protocol*. Workshop for Ettie Lee Youth and Family Services, Pomona, CA.
16. **Jackson, J. B.** (2007, May). *Dialectical behavior parenting*. Presentation for inpatient teenagers and their parents, Youth Care of Utah Adolescent Residential Treatment Center, Draper, UT.
17. **Jackson, J. B.**, Montague, T., & Tillotson, S. M. (2006, October). *Using dialectical behavior therapy with challenging clients: An overview*. Presentation at the Critical Issues in Child and Adolescent Mental Health Conference, Salt Lake City, UT.
18. **Jackson, J. B.**, Montague, T., & Tillotson, S. M. (2006, October). *Using dialectical behavior therapy with adolescents in a residential setting*. Presentation at the Critical Issues in Child and Adolescent Mental Health Conference, Salt Lake City, UT.

19. **Jackson, J. B.**, Montague, T., & Tillotson, S. M. (2006, October). *Dialectical behavior parenting: Helping parents help their kids*. Presentation at the Critical Issues in Child and Adolescent Mental Health Conference, Salt Lake City, UT.
20. Behrens, E. N., & **Jackson, J. B.** (2006, April). *Attachment issues and treatment across the lifespan*. Workshop at the Generations Conference, Salt Lake City, UT.

Community Engagement Invited Presentations and Workshops:

1. **Jackson, J. B.** (2019, November). *The ambiguous losses of raising a child with intellectual and developmental disability*. Presentation for Circle of Support: A Conference for Families of Children with Special Needs and the Professionals Who Work with Them, Woodbridge, VA.
2. **Jackson, J. B.** (2019, May). *The ambiguous losses of raising a child with a developmental disability*. Presentation for Parents of Autistic Children of Northern Virginia Manassas Parents' Autism Support Group & Resources Meeting, Manassas, VA.
3. **Jackson, J. B.** (2019, February). *Emotional health, mental health, and signs of depression*. Presentation for Church of Jesus Christ of Latter-day Saints Women's Organization, Annandale, VA.
4. **Jackson, J. B.** (2018, September). *Support group design for parents of children with intellectual & developmental disabilities*. Virginia Tech Center For Autism Research Symposium on Technology, Education, and Clinical Care For Autism, Falls Church, VA.
5. **Jackson, J. B.** (2018, May). *Managing the mantle of bishop: Compassion fatigue and other difficulties*. Workshop for Church of Jesus Christ of Latter-day Saints congregation leaders, Association of Mormon Counselors and Psychotherapists Annual Chapter Conference, Alexandria, VA.
6. **Jackson, J. B.**, & Jackson, M. M. (2017, October). *Skills for improving our emotional health*. Workshop for adolescents and their parents, Church of Jesus Christ of Latter-day Saints, Springfield, VA.
7. **Jackson, J. B.**, & Jackson, M. M. (2017, September). *Suicide prevention*. Workshop for adolescents, Church of Jesus Christ of Latter-day Saints, Annandale, VA.
8. Zvonkovic, A. M., & **Jackson, J. B.** (2017, September). *Transitions among people with severe intellectual disability and autism: Coping and optimizing well-being for families*. Virginia Tech Center For Autism Research Symposium on Technology, Education, and Clinical Care For Autism, Falls Church, VA.
9. **Jackson, J. B.**, & Jackson, M. M. (2017, August). *Emotional health*. Workshop for adolescents, Church of Jesus Christ of Latter-day Saints, Annandale, VA.

10. **Jackson, J. B.** (2016, June). *Adolescent suicide prevention*. Invited keynote address at A Town Hall Discussion on Teen Suicide in response to several recent adolescent completed suicides in Loudoun County, VA.
11. **Jackson, J. B.** (2016, May). *Working with adults who are single*. Workshop for Church of Jesus Christ of Latter-day Saints congregation leaders, Association of Mormon Counselors and Psychotherapists Annual Chapter Conference, Alexandria, VA.
12. **Jackson, J. B.** (2015, February). *Dealing with depression*. Panelist for discussion, Church of Jesus Christ of Latter-day Saints Women's Organization, Newport Beach, CA.
13. **Jackson, J. B.** (2013, May). *Managing the ambiguous loss of being single*. Workshop at the Annual San Diego Church of Jesus Christ of Latter-day Saints Singles Conference, San Diego, CA.
14. **Jackson, J. B.** (2012, August). *Managing the ambiguous loss of being single*. Workshop at the Annual Orange County Church of Jesus Christ of Latter-day Saints Singles Conference, Irvine, CA.
15. **Jackson, J. B.** (2012, August). *Avoiding marital disaster: Relationship myths, red flags and green lights*. Workshop at the Annual Orange County Church of Jesus Christ of Latter-day Saints Singles Conference, Irvine, CA.
16. **Jackson, J. B.** (2010, February). *Improving your relationships by improving your communication*. Presentation for the Church of Jesus Christ of Latter-day Saints Women's Organization, Orem, UT.
17. **Jackson, J. B.** (2009, September). *Avoiding marital disaster: Relationship myths, red flags and green lights*. Presentation at the Annual Lehi Church of Jesus Christ of Latter-day Saints Single Adult Conference, Lehi, UT.
18. **Jackson, J. B.** (2009, February). *Improving your relationships by improving your communication*. Presentation for the Church of Jesus Christ of Latter-day Saints Women's Organization, West Jordan, UT.
19. **Jackson, J. B.** (2008, April). *Avoiding marriage disaster: Helping premarital couples see the light when their eyes are filled with stars*. Presentation for the Child Abuse Council Clinical Training Series, Provo, UT.
20. **Jackson, J. B.** (2005, February). *The many faces of abuse*. Presentation for the Current American Issues, Riverton High School, Riverton, UT.
21. **Jackson, J. B.** (2005, January). *Relationships and dating*. Workshop for the Church of Jesus Christ of Latter-day Saints Women's Organization, Holladay, UT.
22. **Jackson, J. B.** (2004, March). *Relationships and dating*. Workshop for the Church of Jesus Christ of Latter-day Saints Men's Organization, Chevy Chase, MD.

23. **Jackson, J. B.** (2004, February). *Relationships and dating*. Workshop for the Church of Jesus Christ of Latter-day Saints Women's Organization, Chevy Chase, MD.

Invited Classroom Guest Lectures:

1. **Jackson, J. B.** (2020, April). *Marriage and family therapy clinical outcome research design*. Marriage and Family Therapy Research (HD 6484), Virginia Tech, Blacksburg, VA.
2. **Jackson, J. B.** (2018, November). *Culturally competency in clinical work*. Multicultural Issues in Marriage and Family Therapy course (HD 5744), Virginia Tech, Falls Church, VA.
3. **Jackson, J. B.** (2018, November). *Using the RELATionship Evaluation Questionnaire (RELATE) in quantitative research*. Quantitative Research Methods, Virginia Tech, Falls Church, VA.
4. **Jackson, J. B.** (2017, December). *Advanced dialectical behavior therapy with families*. Clinical Marriage and Family Therapy Theories II, Virginia Tech, Falls Church, VA.
5. **Jackson, J. B.** (2017, October). *Using the RELATionship Evaluation Questionnaire (RELATE) in quantitative research*. Quantitative Research Methods, Virginia Tech, Falls Church, VA.
6. **Jackson, J. B.** (2017, April). *Trauma-focused cognitive behavioral therapy*. Family Stress, Crisis Intervention and Trauma Informed Care, Virginia Tech, Falls Church, VA.
7. **Jackson, J. B.** (2016, November). *Using the RELATionship Evaluation Questionnaire (RELATE) in quantitative research*. Quantitative Research Methods, Virginia Tech, Falls Church, VA.
8. **Jackson, J. B.** (2016, September). *Experimental design in human development, family science, and marriage and family therapy*. Research Methods, Virginia Tech, Blacksburg, VA.
9. **Jackson, J. B.** (2016, February). *Working as a mental health professional*. Senior Capstone Seminar, Virginia Tech, Blacksburg, VA.
10. **Jackson, J. B.** (2015, December). *Dialectical behavior therapy with families*. Clinical Marriage and Family Therapy Theories II, Virginia Tech, Falls Church, VA.
11. **Jackson, J. B.** (2015, October). *Using the RELATionship Evaluation Questionnaire (RELATE) in quantitative research*. Quantitative Research Methods, Virginia Tech, Falls Church, VA.
12. **Jackson, J. B.** (2014, April). *Dialectical behavior therapy with families*. Marriage and Family Therapy Theories, Alliant International University, Irvine, CA.

13. **Jackson, J. B.** (2013, April). *Dialectical behavior therapy with families*. Marriage and Family Therapy Theories, Alliant International University, Irvine, CA.
14. **Jackson, J. B.** (2012, April). *Dialectical behavior therapy with families*. Marriage and Family Therapy Theories, Alliant International University, Irvine, CA.
15. **Jackson, J. B.** (2011, October). *Employing qualitative software*. Advanced Qualitative Research Methods, Alliant International University, Irvine, CA.
16. **Jackson, J. B.** (2007, June). *Sexual dysfunction*. Marriage Enrichment, Brigham Young University, Provo, UT.
17. **Jackson, J. B.** (2007, May). *Couple communication: Communication style*. Marriage Enrichment, Brigham Young University, Provo, UT.
18. **Jackson, J. B.** (2007, March). *Mental health and family stress*. Family Stress, Brigham Young University, Provo, UT.
19. **Jackson, J. B.** (2006, October). *Mental health and family stress*. Family Stress, Brigham Young University, Provo, UT.

Other Presentations and Workshops

1. **Jackson, J. B.** (2015, November). *Family therapy treatments for eating disorders*. Workshop for Virginia Tech Marriage and Family Therapy students, faculty, and alumni, Virginia Tech, Falls Church, VA.
2. **Jackson, J. B.** (2014, September). *Dialectical behavior therapy: An introduction*. All-day Workshop for students and community clinicians, Alliant International University, Irvine, CA.
3. **Jackson, J. B.** (2013, July). *Dialectical behavior therapy: An introduction*. All-day Workshop for Alliant students and community clinicians, Alliant International University, Irvine, CA.
4. **Jackson, J. B.** (2012, October). *Structural family therapy Mapping*. Workshop for CFT students at Alliant International University, Irvine, CA.
5. **Jackson, J. B.** (2012, July). *Treating adolescents with reactive attachments: A theory-based and evidence-based treatment protocol*. Workshop for CFT students at Alliant International University, Irvine, CA.
6. **Jackson, J. B.** (2012, February). *Dialectical behavior therapy: An introduction*. All-day Workshop for CFT students at Alliant International University, Irvine, CA.
7. **Jackson, J. B.** (2011, July). *Dialectical behavior therapy: An introduction*. All-day Workshop for CFT students at Alliant International University, Irvine, CA.

8. **Jackson, J. B.**, & Montague, T. (2009, December). *Dialectical behavior therapy: An introduction*. In-service training presented at the Center For Change, Orem, UT.
9. **Jackson, J. B.** (2006, June). *Asperger's disorder*. Clinical Team In-Service Meeting, Pine Ridge Academy, West Jordan, UT.
10. **Jackson, J. B.** (2006, May). *Genograms*. Youth Care of Utah Adolescent Residential Treatment Center, Clinical Team In-Service Meeting, Draper, UT.
11. **Jackson, J. B.**, & Tillotson, S. M. (2006, April). *Dialectical behavior parenting*. Workshop for parents of inpatient teenagers, Youth Care of Utah Adolescent Residential Treatment Center, Draper, UT.
12. **Jackson, J. B.** (2006, April). *The ins and outs of informed consent*. Clinical Team In-Service Meeting, Youth Care of Utah Adolescent Residential Treatment Center, Draper, UT.
13. **Jackson, J. B.** (2005, November). *Avoiding burnout: Staying alive as a person and as a professional*. Quarterly In-Service Training, Youth Care of Utah Adolescent Residential Treatment Center, Murray, UT.
14. **Jackson, J. B.** (2004, July). *The work of Maurizio Andolfi: An up-close and personal perspective*. Clinical In-Service Meeting, Family Service Center, College Park, MD.

AWARDS

1. 2016 Outstanding Reviewer, *Journal of Marital and Family Therapy* (2017).
2. Student Government Association Outstanding Faculty Award, California School of Professional Psychology, Alliant International University (2012).
3. Best New Professional Research Paper Award, Family Therapy Section, National Council on Family Relations for the paper entitled, *Premarital predictors of marital relationship quality and stability: A meta-analytic study of couple factors* (2010).
4. Dissertation Award, American Association for Marriage and Family Therapy Research & Education Foundation for the dissertation entitled, *Premarital predictors of marital relationship quality and stability: A meta-analytic study of couple factors* (2010).
5. New Professional Paper Award, Family and Health Section, National Council on Family Relations for the paper entitled, *Parental adaptation to placement of a child with developmental disabilities* (2005).
6. Jacob K. Goldhaber Travel Grant Award for International Study, University of Maryland for clinical training in psychodynamic family therapy from Maurizio Andolfi at the Academy of Family Psychotherapy Practicum in Family Therapy, Rome, Italy (2004).

7. Jennifer Becker Carswell Award for Excellence, University of Maryland Marriage and Family Therapy Program (2003).

EDITORIAL SERVICE

1. Editorial Board Member, *Journal of Marital and Family Therapy* (2017 – present).
2. Associate Board Member, RELATionship Evaluation (RELATE) Institute (2010 – 2017).
3. Editorial Board Member, *Journal of Couple and Relationship Therapy* (2010 – 2017).
4. Ad Hoc Reviewer, *Journal of Marriage and Family* (2015 – present).
5. Ad Hoc Reviewer, *Journal of Marital and Family Therapy* (2014 – 2017).
6. Ad Hoc Reviewer, *Journal of Child and Family Studies* (2016).
7. Ad Hoc Reviewer, *Journal of Couple and Relationship Therapy* (2009).

INSTRUCTION

Virginia Tech:

1. **Systems Theory and Family Therapy Approaches (HD 5404)** 2016 – present
2. **Clinical MFT 1: Structural/Strategic Approaches (HD 5434)** 2015 – present
3. **Practicum (HD 5964)** 2015 – present
4. **The Systemic Treatment of Eating Disorders (HD 5744)** 2019

Alliant International University:

5. **Advanced Brief MFT Models (PSY 8314)** 2011 – 2014
6. **Advanced Intergenerational MFT Models (PSY 8315)** 2011 – 2015
7. **MFT Practicum (PSY 7360)** 2010 – 2014
8. **Advanced MFT Practicum (PSY 9360)** 2014
9. **Preparing for Community Practice (PSY 6360)** 2014 – 2015
10. **Group Therapy (PSY 6303)** 2014 – 2015

11. **Psychology of Ethnic Diversity – Family Therapy and Culture in Italy (PSY 6654)**
2014 – 2016
12. **Couple and Family Therapy Eating Disorder Treatment (PSY 9310)** 2013
13. **Pre-Practicum (PSY 6360)** 2012 – 2013
14. **Interviewing Skills (PSY 6308)** 2010

Brigham Young University:

15. **Group Process Interaction (MFT 670)** 2008 – 2010
16. **Introduction to Psychotherapeutic Theories (SFL 356)** 2008 – 2009
17. **Preparation for Marriage (SFL 223)** 2007 – 2008

Argosy University:

18. **Professionalization Group III (MF 6012)** 2009 – 2010
19. **Professional Issues: Ethics, Conduct and Law (PP 7100)** 2009
20. **Human Development: Lifespan (MF 6500)** 2009

University of Maryland:

21. **Special Topics: Family Studies (FMST 498)** 2002 – 2003

Other Notable Instruction:

Director, Italy Immersion Program in Family Therapy and Italian Culture

Virginia Tech (2015 – present)

Alliant International University (2013 – 2015)

The *Italy Immersion Program in Family Therapy and Italian Culture* is a two-week study abroad experience that aims to provide students with an opportunity to (a) study brief strategic therapy at the *Strategic Therapy Center* in Arezzo and three-generational couple therapy at the *Academy of Family Psychotherapy* in Rome, and (b) gain a greater understanding of their own culture, values, and ethnocentrism by learning about and experiencing Italian culture. The program was facilitated in 2014 and 2016.

CHAIR OF COMPLETED DISSERTATIONS

Alliant International University:

1. Gonzalez, V. (2018). *Cross-cultural awareness and competency of clinical students through participation in an international immersion program*. Retrieved from ProQuest Dissertations Publishing. (10827719)
2. Salama, C. (2016). *Family-of-origin predictors of marital outcomes among Coptic Orthodox Christian Egyptian couples*. ProQuest Dissertations Publishing. (10124828)
3. Yousefian Tehrani, F. (2014). *Influence of secure attachment on neuroticism and relationship outcomes*. ProQuest Dissertations Publishing. (3667789)
4. Vellucci, K. (2013). *Relationship approval and inclusion by parents-in-law as predictors of marital satisfaction and stability*. ProQuest Dissertations Publishing. (3564211)
5. Khoshakhlagh, S. (2013). *Adult attachment as a predictor of intimate relationship sexual desire, frequency, onset, and number of sexual partners*. ProQuest Dissertations Publishing. (3568314)
6. Meyer-Lee, C. (2013). *Long-term effects of experiencing death of a parent during childhood*. ProQuest Dissertations Publishing. (3559484)

CHAIR OF COMPLETED THESES

Virginia Tech:

1. Dowling, L. E. (2020). *Gender role reversal: Civilian husbands of united states military servicewomen defining masculinity as tied-migrant workers*.
2. Carrese, D. H. (2020). *Economic strain and remarried couples: Actor-partner interdependence modeling of the indirect effects of financial conflict on economic strain and marital outcomes*.
3. Miller, C. M. (2018). *The experience of being partnered with a couples therapist: A qualitative inquiry*.
4. Cheche, R. E. (2017). *Emotion dysregulation as a mediator between insecure attachment and psychological aggression in couples*.
5. Steward, S. R. (2017). *Support group design for parents of children with severe developmental disabilities*.

CHAIR OF COMPLETED MASTERS PROJECTS

Virginia Tech:

1. Wardle, T. (2020). *Families with mixed-hearing abilities: A resource for psychotherapists.*
2. Zens, N. (2019). [Supporting adolescent girls with social media-related body image concerns: A resource for parents.](#)
3. Pinnock, H. (2019). *Helping single adult members of the Church of Jesus Christ of Latter-day Saints navigate prolonged singlehood: A resource for therapists.*
4. Frasso, M. P. (2018). *STEP-Couples: Stepfamily targeted enrichment program for couples.*
5. Linares, G. (2017). *Managing dual-role relationships in youth sports: A resource for parent-coaches.*