

ERICA R TURNER, LMFT

LICENSED MARRIAGE & FAMILY
THERAPIST, VA: 0717001466



PERSONAL PROFILE

Erica R. Turner is a Licensed Marriage & Family Therapist and the owner of Rosewater Therapy, a private psychotherapy practice in Northern Virginia. Her primary interests include working with couples who want to improve their connection and communication; adults who want to heal from difficult, toxic, or abusive relationships; and providing tools to children and adults to manage anxiety. Erica is passionate about advancing the mental health field and increasing public engagement in mental health and relationship topics. To that end, Erica supervises therapist interns at the Center for Family Services and is the co-founder of *Therapy is Not a Dirty Word*, an events and advocacy program that works to bridge the gap between therapists and the public.

EXPERIENCE

OWNER & LICENSED MARRIAGE AND FAMILY THERAPIST

Rosewater Therapy, LLC | 2019-Present

- Provide therapy services to couples, families, and individuals focusing on anxiety and adult relationships.
- Manage all business and financial operations, including billing, scheduling, treatment documentation, business and professional licenses, and property management.
- Develop and host workshops and retreats through *Therapy is Not a Dirty Word*, an events and social media platform working to bridge the gap between therapists and the public.
- Manage all practice marketing, brand awareness, and community engagement.

AAMFT SUPERVISOR CANDIDATE

CENTER FOR FAMILY SERVICES, VIRGINIA POLYTECHNIC INSTITUTE AND STATE UNIVERSITY | 2019-PRESENT

- Provide weekly live supervision to marriage and family therapist interns. Support students in clinical and professional development. Write evaluations and assign grades.

LICENSED MARRIAGE AND FAMILY THERAPIST & DIRECTOR OF COMMUNITY OUTREACH AND MARKETING

GROUP THERAPY ASSOCIATES | 2014-2019

- Provide couple, individual, and family therapy to adults and children, with an emphasis in work with couple and anxiety sufferers, ages 5 and up.
- Manage marketing and outreach for Group Therapy Associates including directing the online presence across multiple social media platforms, creating and executing email marketing campaigns, and cultivating strategic community partnerships.
- Manage all logistics for events, including developing program agenda and schedule, organizing attendee registration, coordinating with presenters, and determining locations.
- Train and supervise marketing team members in execution of duties.

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EXPERIENCE

PRIMARY COUNSELOR, INTENSIVE OUTPATIENT PROGRAM

Phoenix House Counseling Center | 2013-2014

- Provide group, family, and couple therapy to adult and adolescent clients recovering from substance abuse and co-occurring disorders, including anxiety and depression.
- Deliver case management services, including; creating treatment plans, writing progress notes, conducting clinical intake interviews, and coordinating care with relevant professionals.

MARRIAGE AND FAMILY THERAPIST INTERN

Phoenix House Counseling Center | 2012-2013

- Provide group, family, and couple therapy to adult and adolescent clients recovering from substance abuse and co-occurring disorders. Complete progress notes, develop individual treatment plans, and provide referrals.

GRADUATE ASSISTANT

Virginia Polytechnic Institute and State University | 2011-2013

- Manage all logistical arrangements for pilot study with couples who are experiencing economic stress; set-up program site, coordinate facilitator trainings, and acquire materials.
- Administer telephone screening interviews to potential participants. Enter subject data into Statistical Product and Service Solutions (SPSS) software.

THERAPIST INTERN

Center for Family Services, Virginia Polytechnic Institute and State University | 2011-2013

- Provide systemically-based weekly therapy sessions to a caseload of four clients, including individuals, families, and couples. Manage treatment documentation, including progress notes, assessments, and billing. Utilize live supervision during therapy sessions via one-way mirror from licensed mental health professionals with extensive experience.

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EXPERIENCE

RESEARCH ASSISTANT

Virginia Polytechnic Institute and State University | 2010-2011

- Conduct and transcribe clinical interviews for study in which distressed couples with at least one depressed partner participate in Emotionally Focused Therapy. Organize data, including case documentation, and video and audio files.

CONFERENCE COORDINATOR

American Association of Colleges of Nursing | 2008-2010

- Organize all pre-meeting planning efforts; research potential locations, coordinate space and set-up needs, develop food and beverage menus, and respond to registrant inquiries.
- Provide on-site logistics management; troubleshoot on-site challenges, manage registration process, direct audiovisual set-up.
- Supervise Conference Assistant in execution of duties
- Create meeting documents, including: abstract books, evaluation forms, continuing education forms, speaker lists, and speaker handouts.
- Manage registrant data in Access; edit registration lists, create attendee reports.

CONGRESSIONAL OUTREACH COORDINATOR

Office of U.S. Representative Russ Carnahan, Missouri's Third District | 2006-2008

- Advance Congressman Carnahan's presence in the community through meetings with business and community leaders, non-profit organizations, and elected officials.
- Direct special events; determine event concepts, maintain budget targets, design event materials, direct audio/visual services, select catering services, organize site preparation.

PRESENTATION

POSTER: EXPLORING A PSYCHOLINGUISTIC METHOD OF ASSESSING ATTACHMENT ORIENTATION IN COUPLES THERAPY

Presented at the 2014 American Association for Marriage & Family Therapy Conference

- This presentation reviewed a method of determining attachment orientation, as assessed by the Adult Attachment Interview, by utilizing the Linguistic Inquiry and Word Count (LIWC) software to analyze the transcripts of couple speech in Emotionally Focused Couple Therapy—an attachment-based therapeutic modality. This research was conducted with Dr. Andrea K. Wittenborn.

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MEMBERSHIP AND TRAININGS

- CLINICAL FELLOW, AMERICAN ASSOCIATION FOR MARRIAGE & FAMILY THERAPY
- EMDR CERTIFICATE COURSE: RAPID, SAFE AND PROVEN SKILLS AND TECHNIQUES FOR YOUR TRAUMA TREATMENT TOOLBOX | AUGUST 2019
- EXTERNSHIP IN EMOTIONALLY FOCUSED THERAPY | MARCH 2013
- SEEKING SAFETY: A MODEL FOR TRAUMA AND/OR SUBSTANCE ABUSE | OCTOBER 2012
- F.E.A.R. (FACING EMERGENCIES AND REACTING) CRISIS INTERVENTION | AUGUST 2012

PRESS

Bustle.com | September 19, 2018

Article: The 5 Most Common Hobbies Among Cheaters, According to Ashley Madison

Good Morning Washington | June 28, 2017

TV appearance: Therapy is Not a Dirty Word mental health advocacy

Fox5 DC | November 8, 2016

TV Appearance: Election Stress and Anxiety Taking a Toll on Voters

BrilliantEarth.com | February 11, 2016

Article: The Top 12 Relationship Tips for Newlyweds

EDUCATION

MASTERS OF SCIENCE, MARRIAGE AND FAMILY THERAPY PROGRAM DEPARTMENT OF HUMAN DEVELOPMENT, 2013

Virginia Polytechnic Institute and State University, Falls Church campus

BACHELOR OF ARTS, ENGLISH MINOR IN JEWISH, ISLAMIC & NEAR EASTERN STUDIES, 2006

Washington University in St. Louis