

3 Year Plan - Starting Fall 2019
 (* - required course offered that semester)

Course or Event	Content	Credits
Year One – Fall Semester 2019		
*HD 5404 Systems Theory and Family Therapy	Basic introduction to the systems approach to family therapy	3.0
*HD 5514 Research Methods	Introduction to MFT research and to quantitative methods	3.0
Elective Course (<i>if desired</i>)	HD 5724 Couples Therapy	3.0
Year One – Spring Semester 2020		
*HD 5434 Clinical Marriage and Family Therapy I (Structural and Strategic Approaches)	Prepares students with an orientation to structural & strategic and other MFT theoretical models as well as an orientation to basic clinical skills	3.0
*HD 6514 Advanced Research Methods	Continues HD 5514 with a focus on qualitative methods	3.0
*HD 5424 Lifespan Development (offered every Spring semester)	This course acquaints students with human and family development across the lifespan	3.0
End of First Year		
Comprehensive Exams	Demonstration of satisfactory mastery of MFT basic theory and basic research competence	
Screening and Admission to Clinical Component	Students must pass comprehensive exams and must submit a letter to the clinical director requesting entrance	
Thesis	Students start to formulate research questions for potential thesis topics over the Summer	

Year Two – Summer Semester 2020		
Elective Course (<i>if desired</i>)	HD 5744 Children & Adolescents	3.0
HD 5964 Practicum in MFT	Depending on the number of Clinic slots available, summer entry may be an option	1.0-3.0
Year Two – Fall Semester 2020		
*HD 5734 Marriage and Family Therapy Techniques	Acquaints the students with fundamental skills and obligations of the therapist	3.0
*HD 5744 Multicultural Family Therapy	This course addresses self-awareness and the sensitivity to multicultural issues	3.0
Elective Course (<i>if desired</i>)	HD 5744 Child Welfare	
*HD 5964 Practicum in MFT	Students begin to see clients in the clinic	1.0-3.0
Year Two – Spring Semester 2021		
*HD 5454 Clinical Marriage and Family Therapy III: Diagnosis and Treatment in a Family Context	This course covers psychopathology, the DSM system of diagnosis, and the effects of various psychiatric disorders on the family system	3.0
Elective Course (<i>if desired</i>)	HD 5744 Family Stress & Crisis Intervention and Trauma Informed Care HD 5744 Play Therapy	
*HD 5964 Practicum in MFT	Students continue to see clients in the clinic	1.0-3.0
End of Second Year		
Clinical Off-site Internship	Students have the option of starting a clinical off-site internship at the end of their second year	

Year Three – Summer 2021		
*HD 5964 Practicum in MFT	Students continue to see clients in the clinic	1.0-3.0

Elective Course (<i>if desired</i>)	Special Topics in MFT	3.0
Year Three – Fall Semester 2021		
*HD 5344 Perspectives in Human Sexuality (if not taken during first year)	This course covers human sexual functioning, sexual dysfunction, and basic sex therapy	3.0
*HD 5444 Clinical Marriage and Family Therapy II: Postmodern Approaches	Addresses postmodern approaches and the spiritual dimension in therapy	3.0
Elective Course (<i>if desired</i>)	Special Topics in MFT	
*HD 5964 Practicum in MFT	Students continue to see clients in the clinic	1.0-3.0
Year Three – Spring Semester 2022		
*HD 5484 Clinical MFT IV (Substance Abuse/Domestic Violence)	This course covers basic assessment and treatment of substance abuse and domestic violence	3.0
*HD 5424 Lifespan Development (if requirement not met in Spring 1 or 2)	This course acquaints students with human and family development across the lifespan	3.0
*HD 5474 Professional Seminar in Marriage and Family Therapy (Ethics)	This course covers the AAMFT Code of Ethics, legal issues in practice, and self-care for the therapist	3.0
Elective Course (<i>if desired</i>)	Special Topics in MFT	
*HD 5964 Practicum in MFT	Students continue to see clients in the clinic	1.0-3.0
End of Third Year		
Course Completions	Complete all required courses and acquire 51-54 credit hours	
Client Contact Hours	500 direct client contact hours earned while completing a minimum of 9 practicum hours	
Thesis (or clinical project)	6 research and thesis credits (HD 5994) and Thesis defense, must be completed before graduation	

Required Courses	Elective Courses
*HD 5404 Systems Theory and Family Therapy *HD 5514 Research Methods *HD 6514 Advanced Research Methods *HD 5734 Marriage and Family Therapy Techniques *HD 5744 Multicultural Family Therapy *HD 5424 Life Span Development *HD 5344 Perspectives in Human Sexuality *HD 5474 Professional Seminar Marriage & Family Therapy (Ethics) *HD 5434 Clinical Marriage & Family Therapy I (Structural and Strategic Approaches) *HD 5444 Clinical Marriage & Family Therapy II (Postmodern Approaches) *HD 5454 Clinical Marriage & Family Therapy III (Diagnosis and Treatment in a Family Context) *HD 5484 Clinical Marriage & Family Therapy IV (Substance Abuse/Domestic Violence)	HD 5724 Couples Therapy HD 5744 Internal Family Systems Theory HD 5744 Psychotherapy with Children & Adolescents HD 5744 Play Therapy HD 5744 Family Stress and Crisis Intervention and Trauma Informed Care